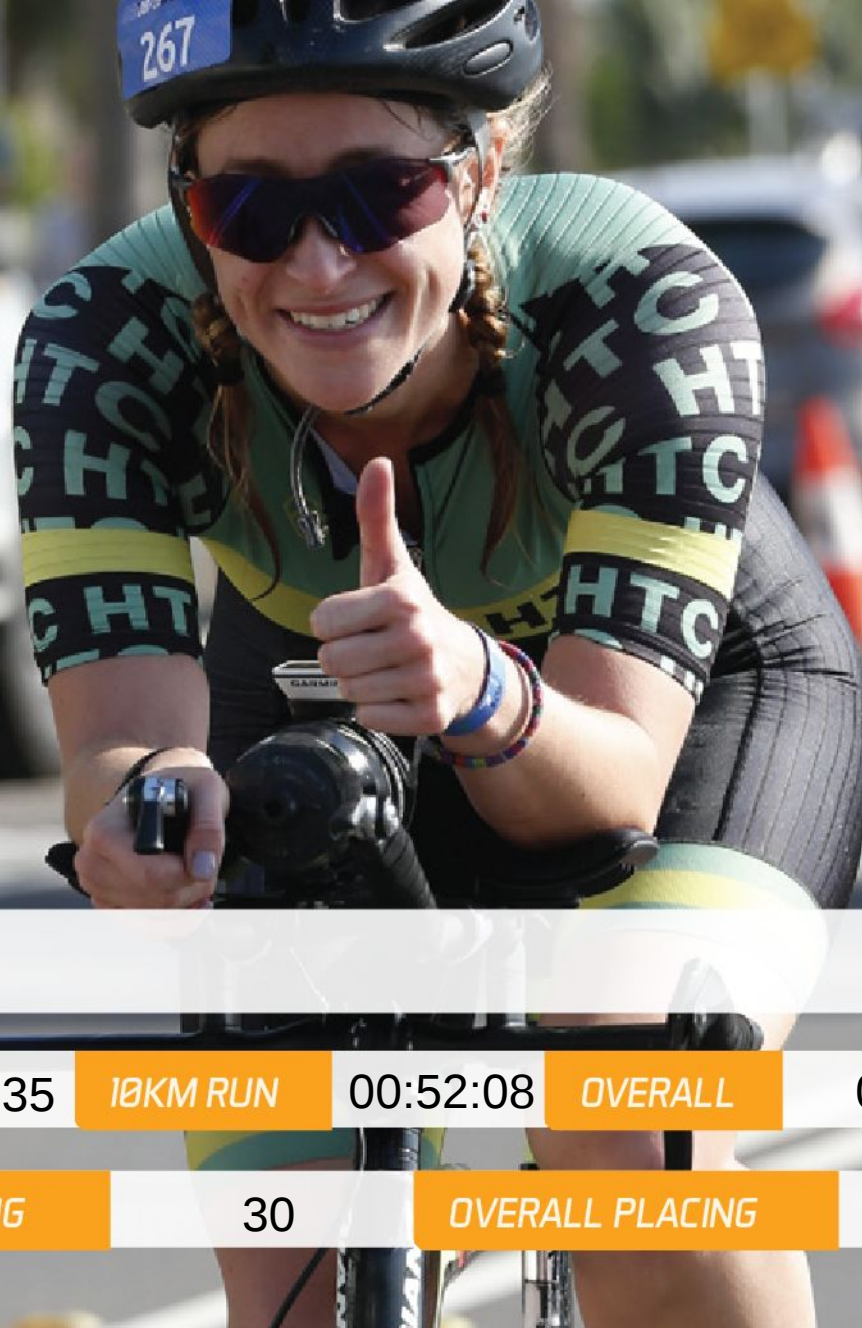




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Max FREEMAN

1.5KM SWIM

00:30:22

40KM BIKE

01:12:35

10KM RUN

00:52:08

OVERALL

02:39:15

CATEGORY

30-34

CATEGORY PLACING

30

OVERALL PLACING

95

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish