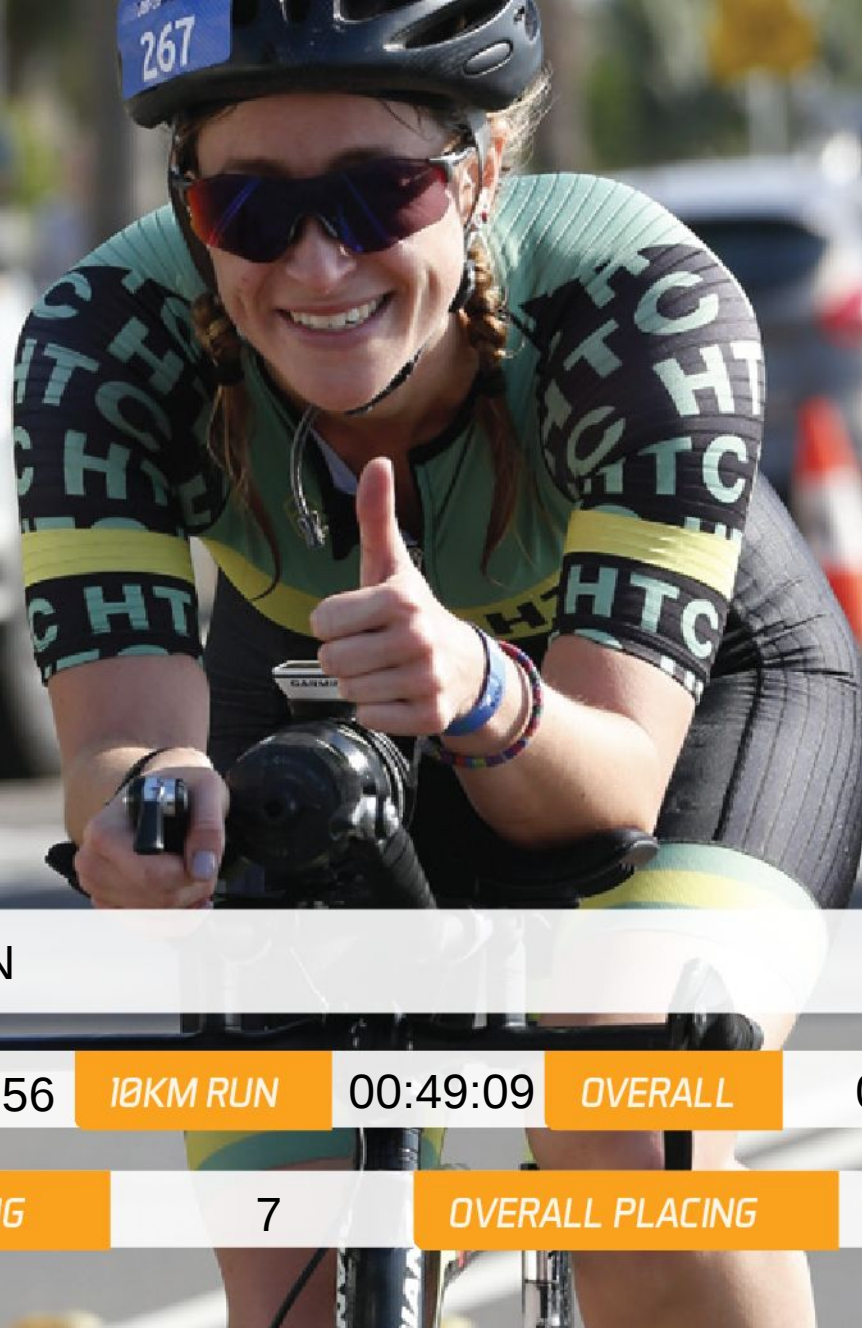




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Sean HANRAHAN

1.5KM SWIM

00:32:23

40KM BIKE

01:12:56

10KM RUN

00:49:09

OVERALL

02:39:30

CATEGORY

40-44

CATEGORY PLACING

7

OVERALL PLACING

96

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish