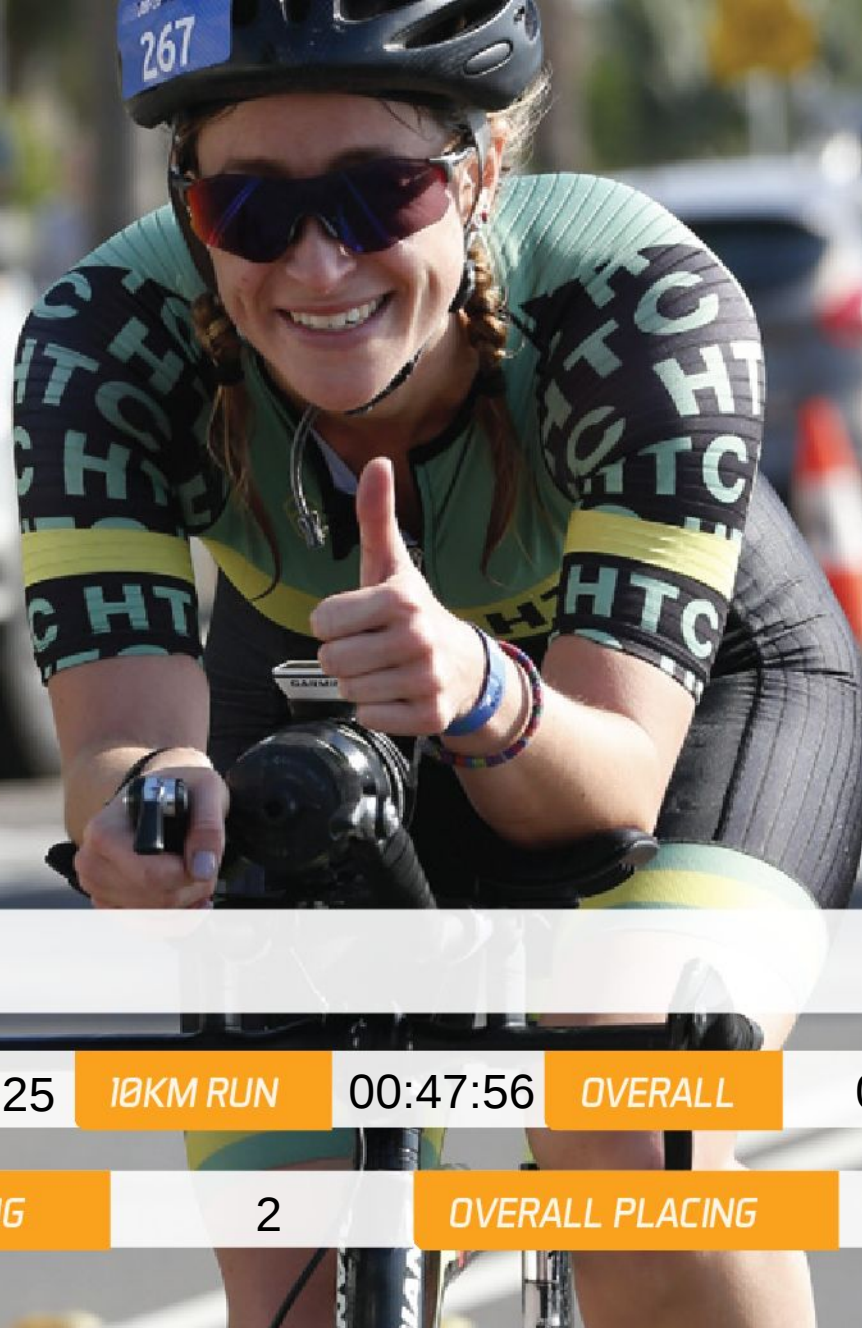




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Alan KAPLAN

1.5KM SWIM

00:29:24

40KM BIKE

01:11:25

10KM RUN

00:47:56

OVERALL

02:33:24

CATEGORY

55-59

CATEGORY PLACING

2

OVERALL PLACING

67

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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Crafting your space

catfish