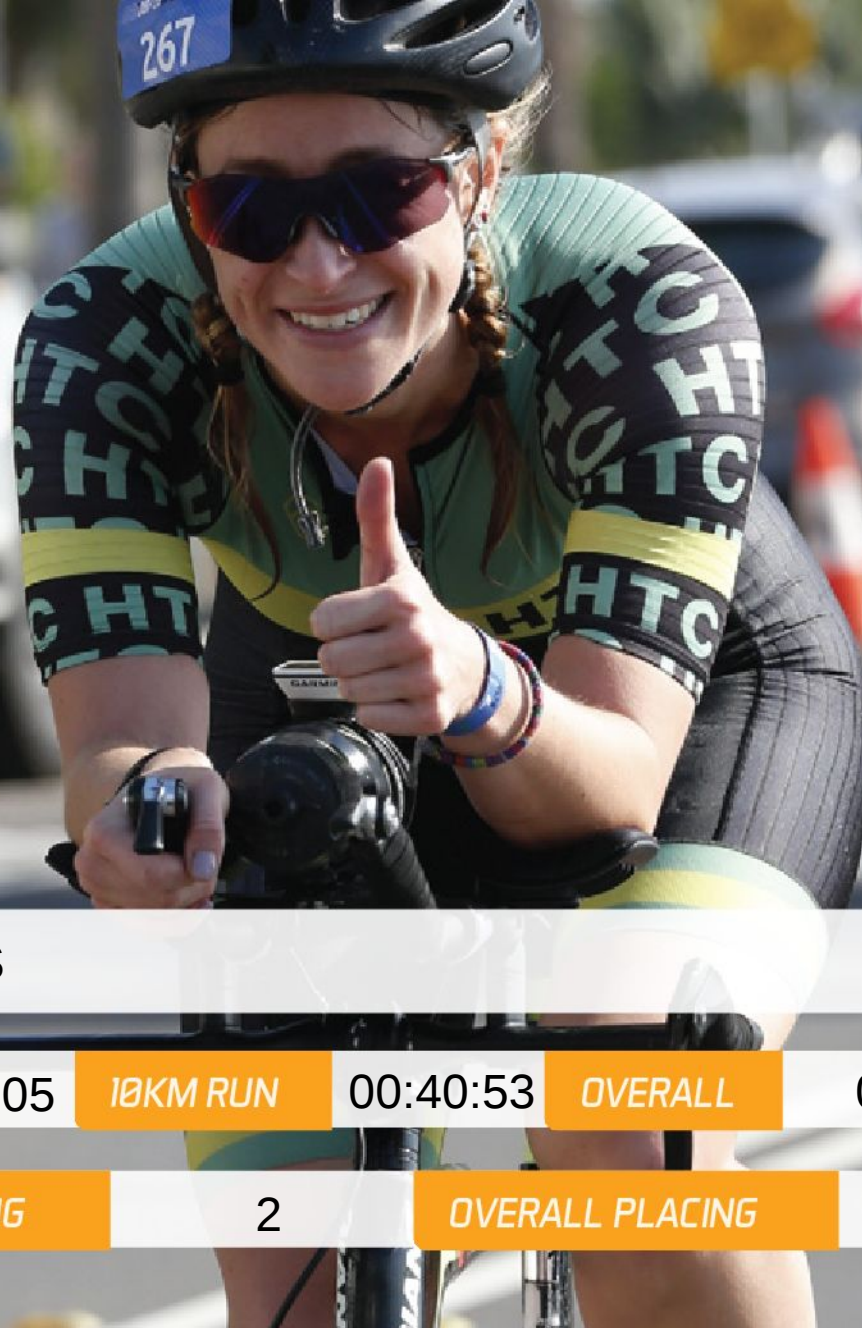




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Thomas KEARNS

1.5KM SWIM

00:20:17

40KM BIKE

00:58:05

10KM RUN

00:40:53

OVERALL

02:02:26

CATEGORY

30-34

CATEGORY PLACING

2

OVERALL PLACING

2

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
sustainable

catfish