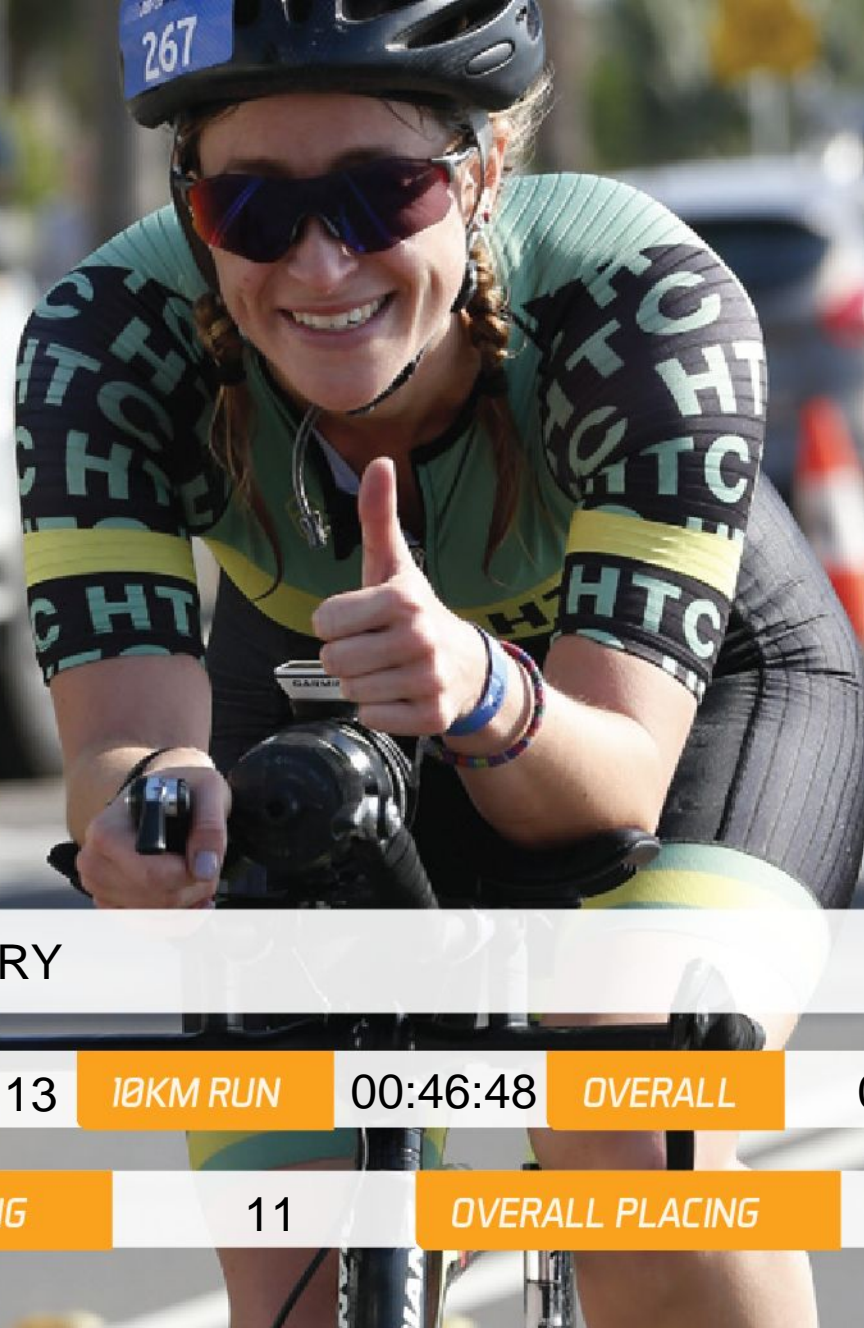




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Josh LANDSBERRY

1.5KM SWIM

00:24:43

40KM BIKE

01:00:13

10KM RUN

00:46:48

OVERALL

02:15:48

CATEGORY

30-34

CATEGORY PLACING

11

OVERALL PLACING

20

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Crafting your space

catfish