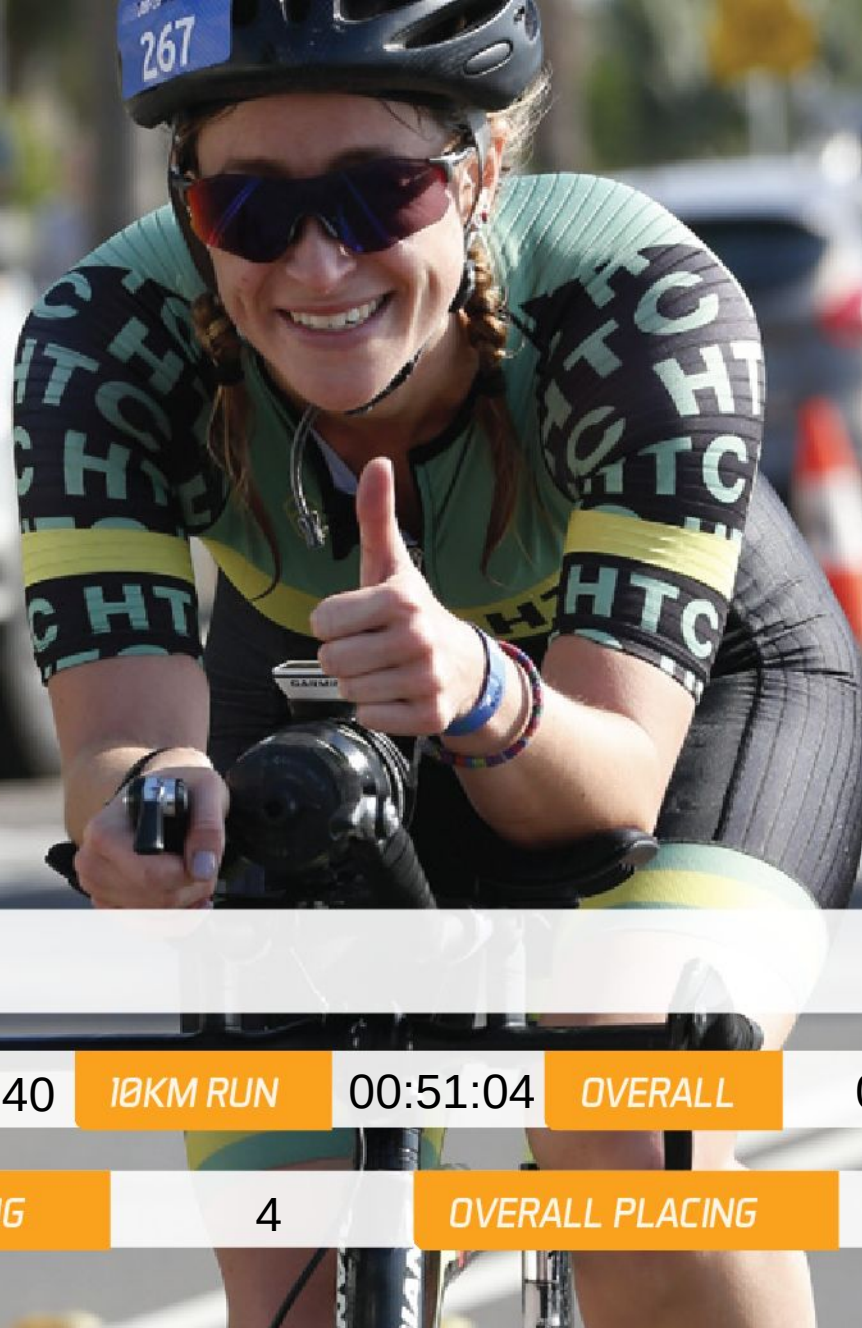




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Hugh LOCKE

1.5KM SWIM

00:24:53

40KM BIKE

01:14:40

10KM RUN

00:51:04

OVERALL

02:34:10

CATEGORY

20-24

CATEGORY PLACING

4

OVERALL PLACING

71

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish