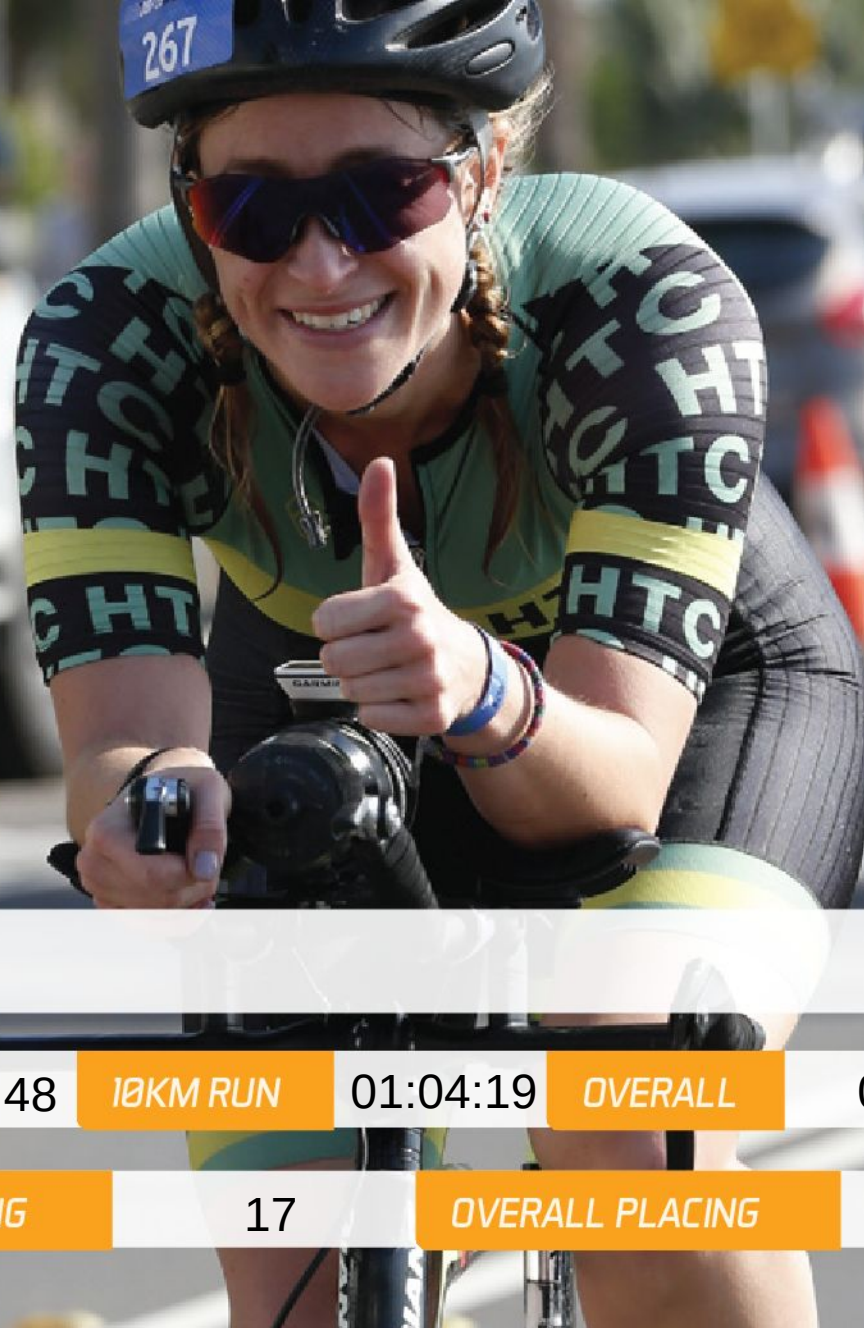




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Gavin TAIT

1.5KM SWIM

00:30:46

40KM BIKE

01:13:48

10KM RUN

01:04:19

OVERALL

02:54:18

CATEGORY

45-49

CATEGORY PLACING

17

OVERALL PLACING

203

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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soto
Crafting your personal

catfish