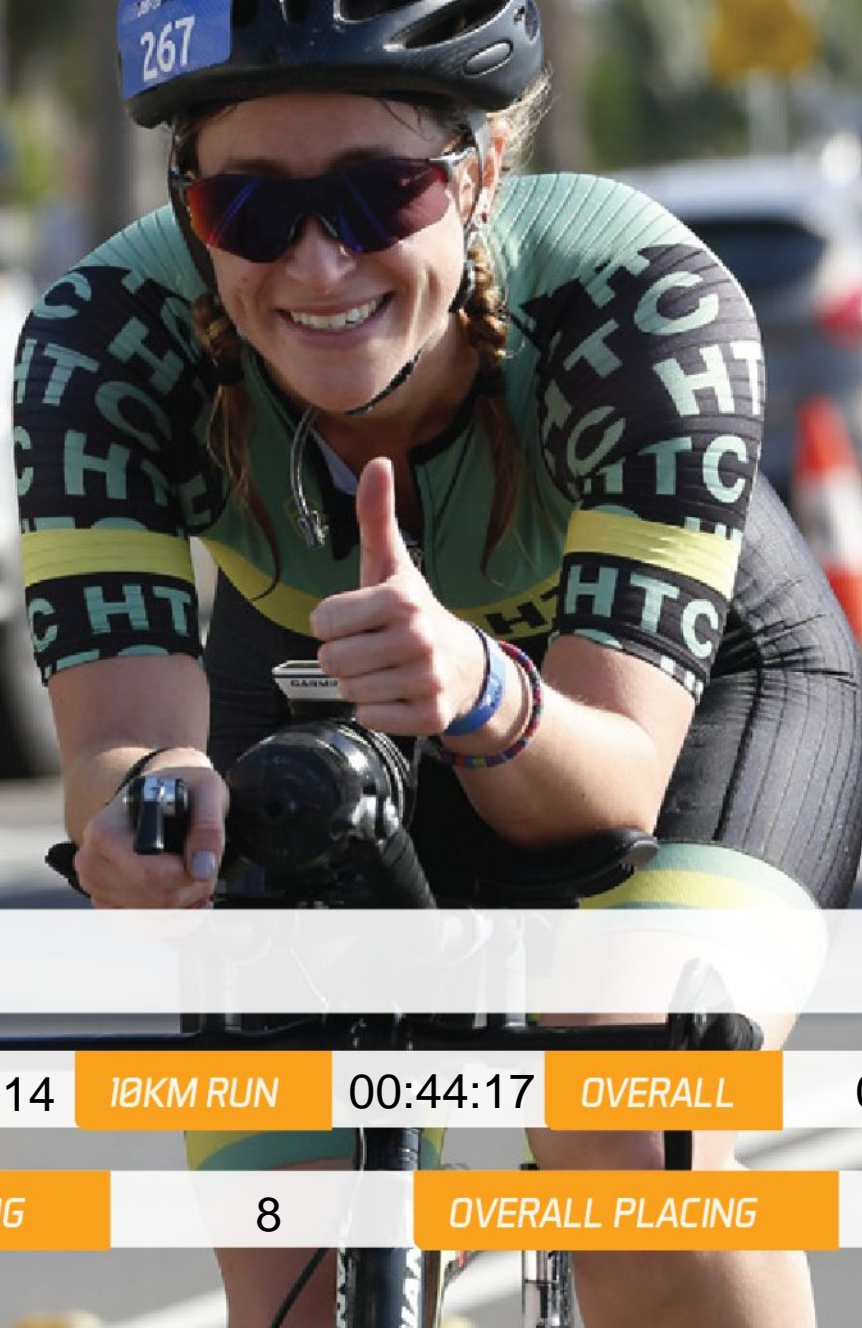




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Chris WHITE

1.5KM SWIM

00:27:16

40KM BIKE

01:09:14

10KM RUN

00:44:17

OVERALL

02:25:50

CATEGORY

35-39

CATEGORY PLACING

8

OVERALL PLACING

44

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Crafting your personal

catfish