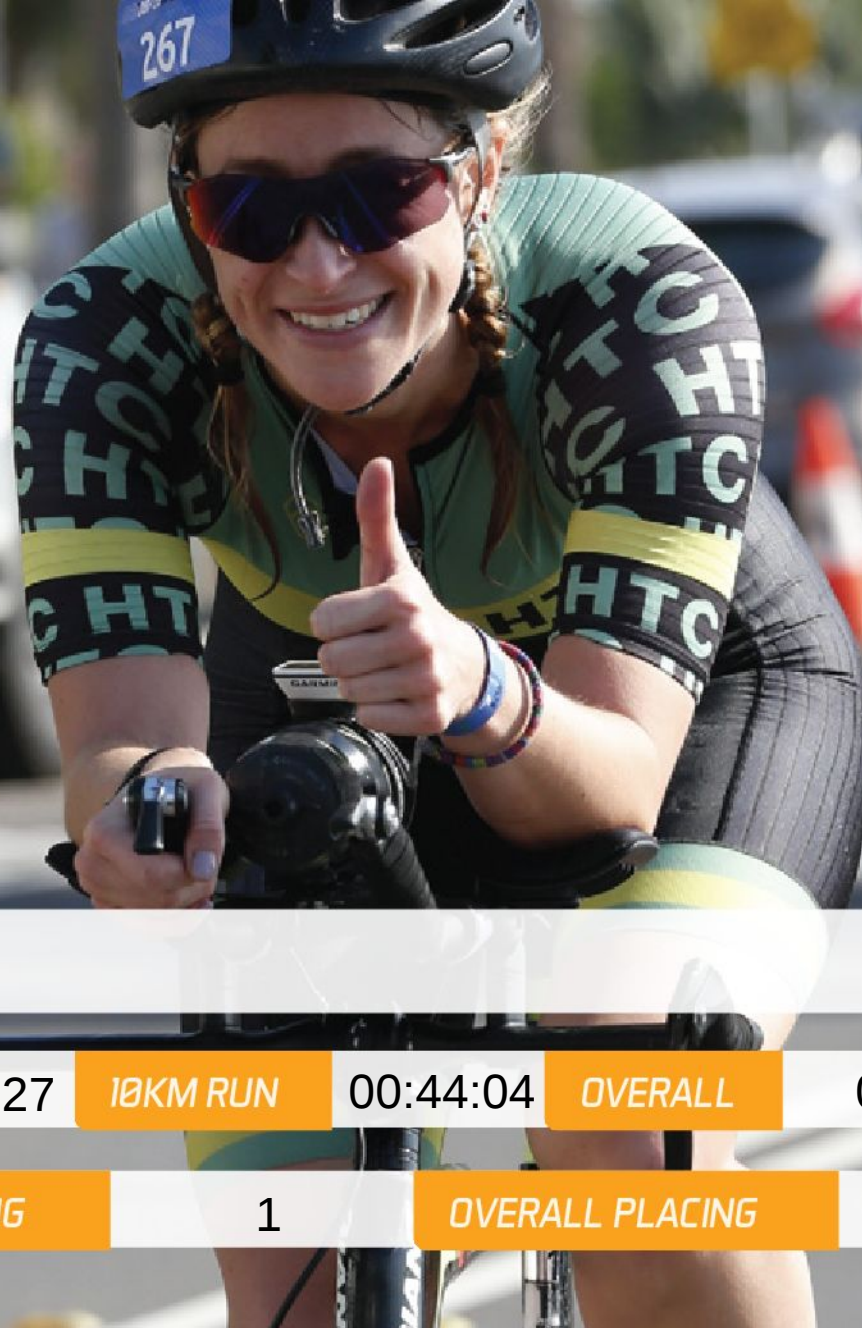




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Hedda COOPER

1.5KM SWIM

00:25:19

40KM BIKE

01:05:27

10KM RUN

00:44:04

OVERALL

02:18:26

CATEGORY

25-29

CATEGORY PLACING

1

OVERALL PLACING

27

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Crafting your space

catfish