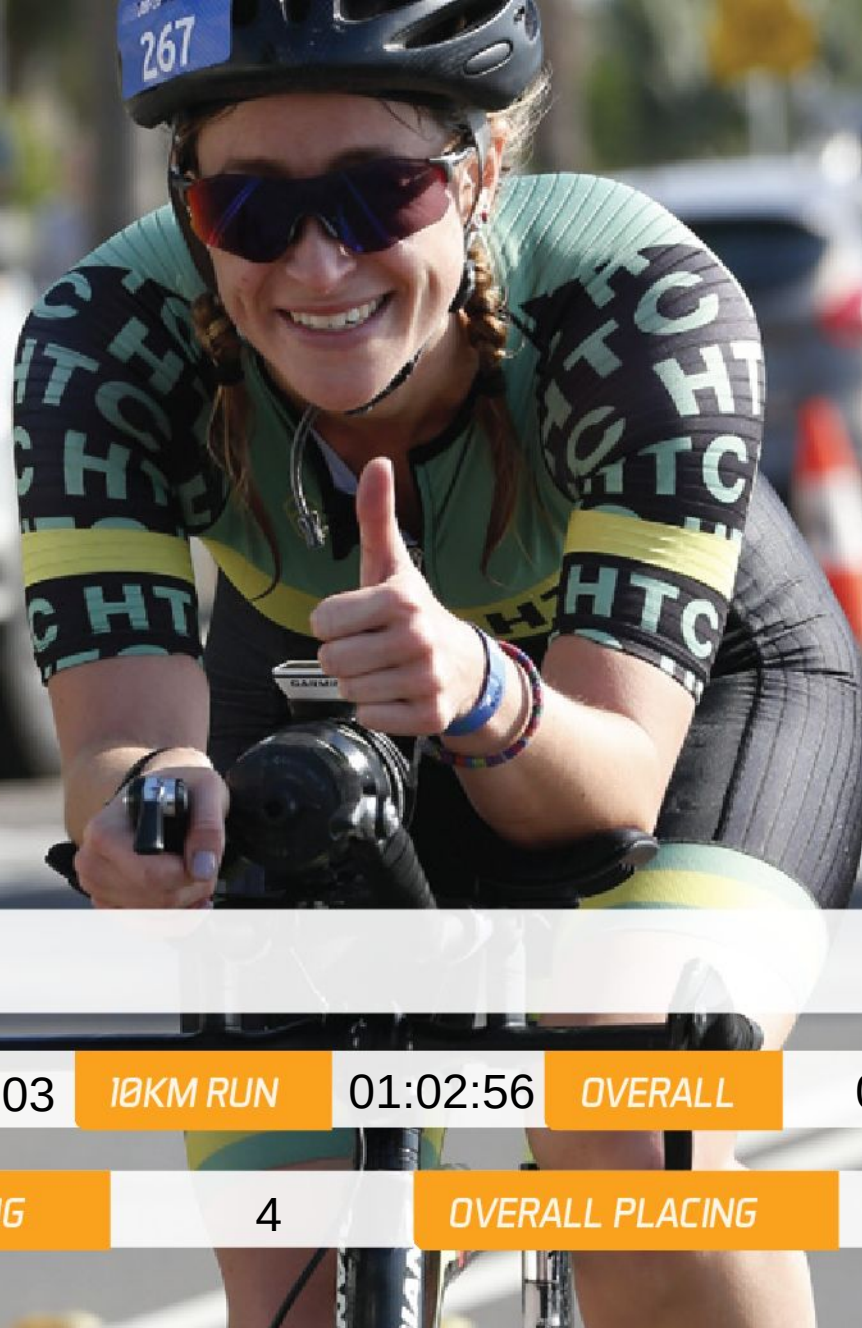




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Ainslie PAGE

1.5KM SWIM

00:31:28

40KM BIKE

01:18:03

10KM RUN

01:02:56

OVERALL

02:59:17

CATEGORY

40-44

CATEGORY PLACING

4

OVERALL PLACING

226

POWERADE.

Destination
WOLLONGONG

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Peoplecare

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Management

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catfish