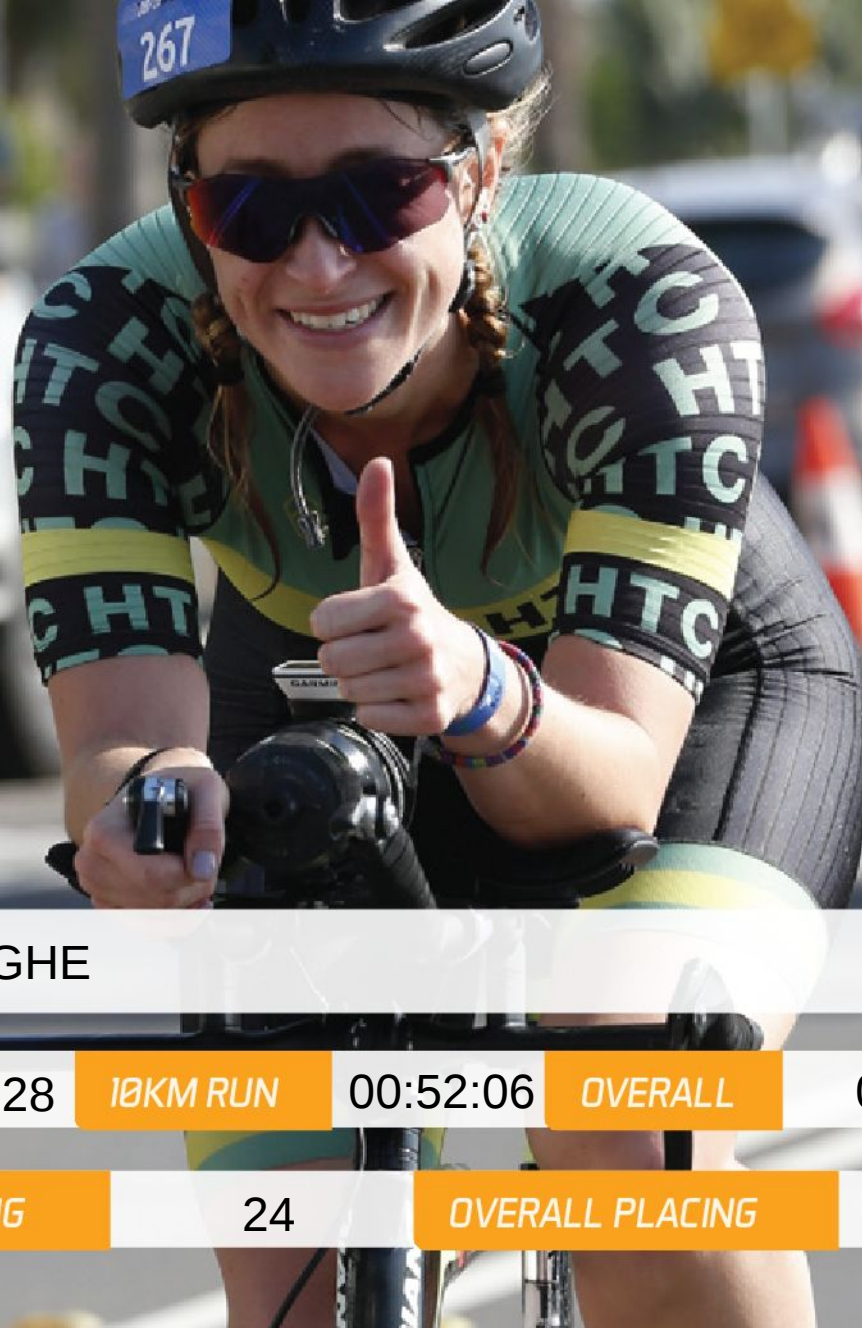




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Benjamin D'HOOGHE

1.5KM SWIM

00:32:08

40KM BIKE

01:22:28

10KM RUN

00:52:06

OVERALL

02:53:12

CATEGORY

25-29

CATEGORY PLACING

24

OVERALL PLACING

191

POWERADE.

Destination
WOLLONGONG

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ENERGY STRIPS™

Peoplecare

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PD Traffic
Management

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catfish