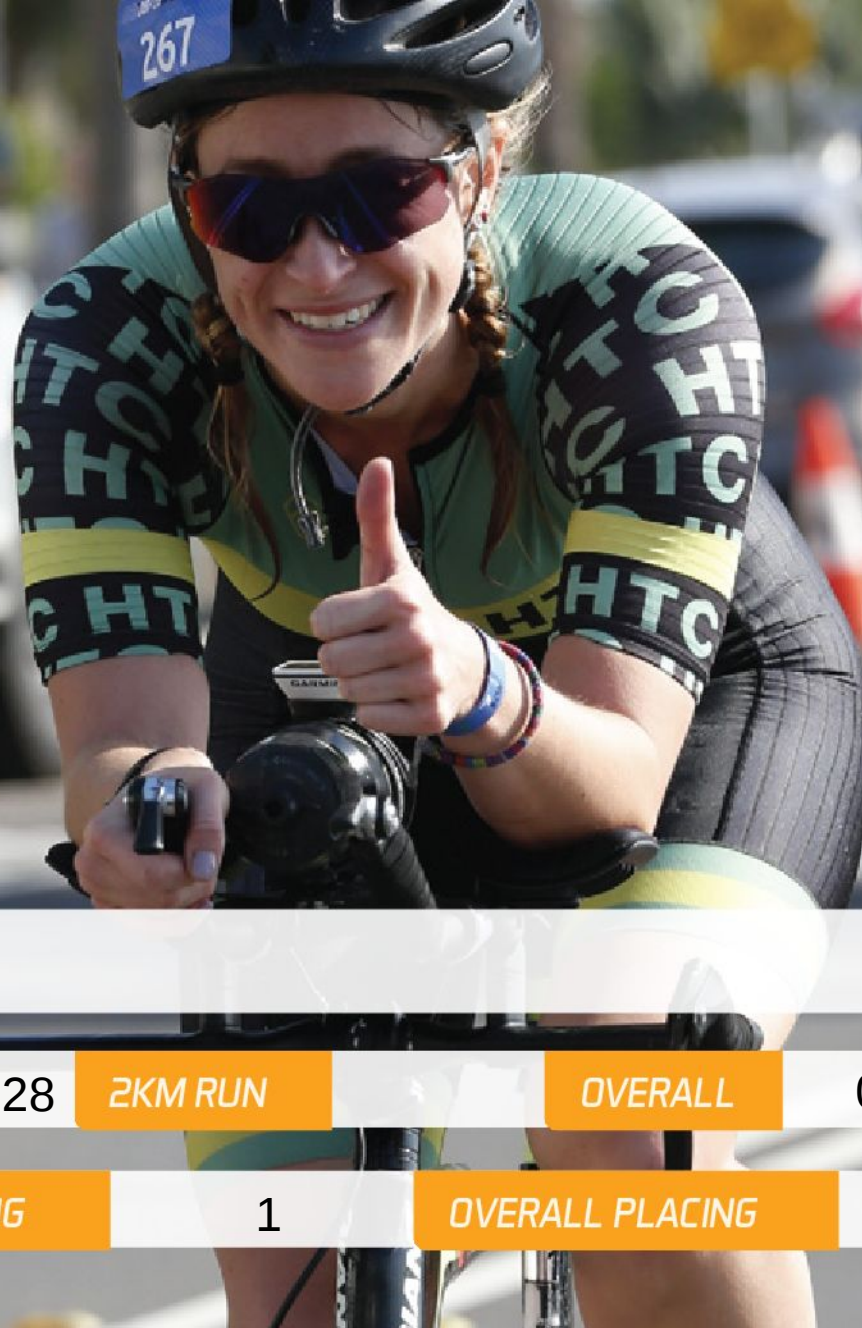




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



AQUABIKE

Angela GATES

1.5KM SWIM

00:31:11

40KM BIKE

01:04:28

2KM RUN

OVERALL

01:39:30

CATEGORY

Open

CATEGORY PLACING

1

OVERALL PLACING

1

POWERADE.

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

D&B
Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Longlife inspired

catfish