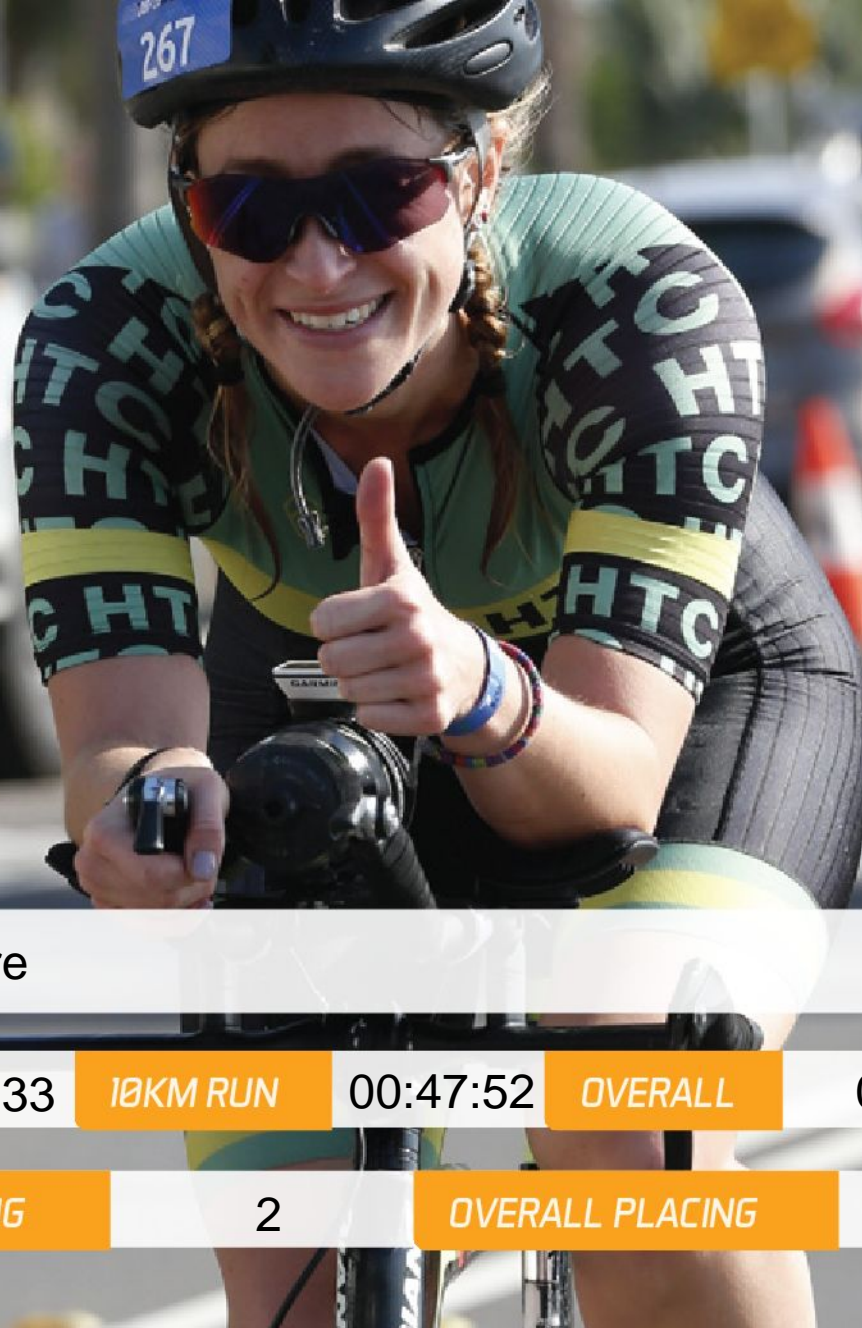




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

TEAM Girls on Fire

1.5KM SWIM

00:23:44

40KM BIKE

01:12:33

10KM RUN

00:47:52

OVERALL

02:27:52

CATEGORY

Relay

CATEGORY PLACING

2

OVERALL PLACING

3

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Crafting your personal

catfish