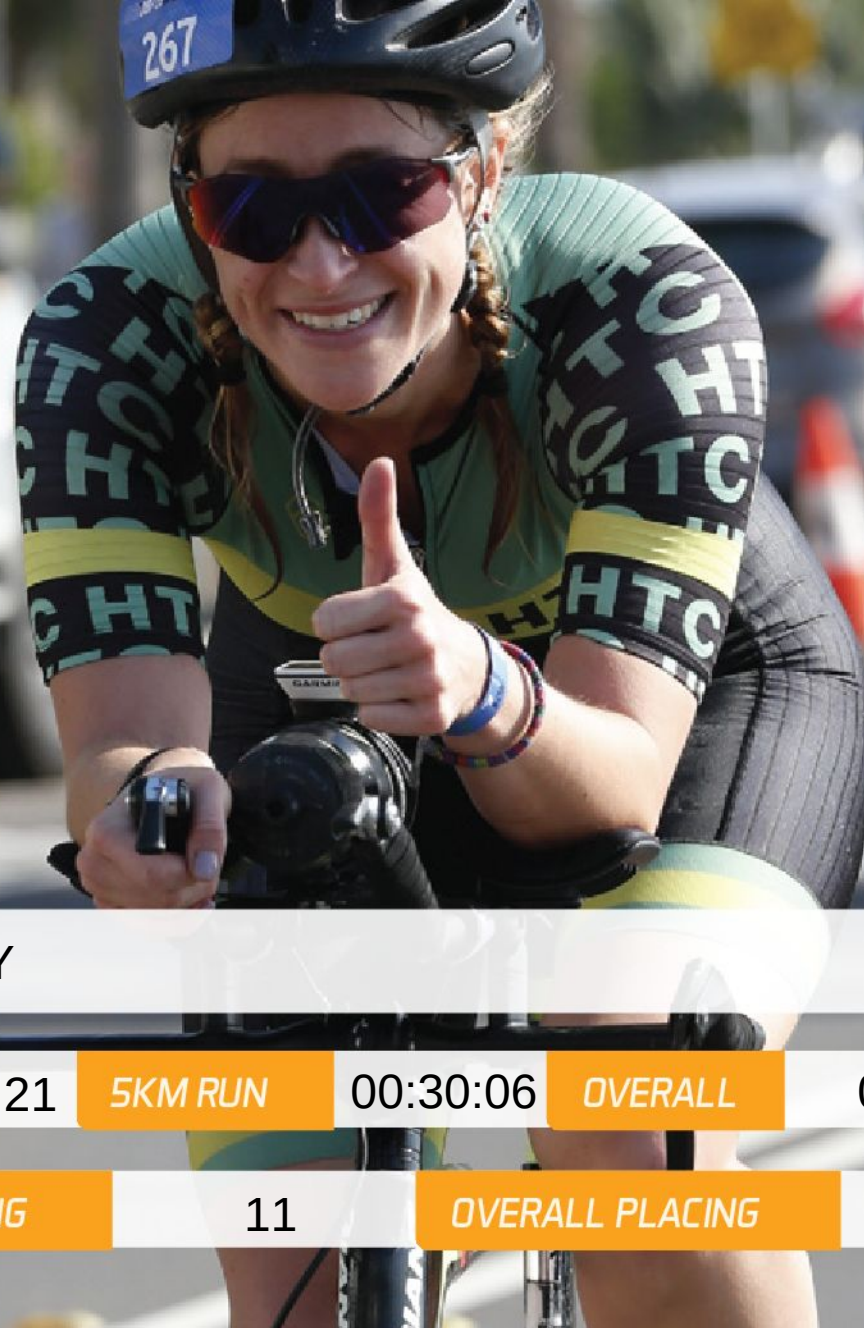




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SPRINT

Trevor SWEENEY

750M SWIM

00:16:13

20KM BIKE

00:35:21

5KM RUN

00:30:06

OVERALL

01:27:37

CATEGORY

40-44

CATEGORY PLACING

11

OVERALL PLACING

180

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish