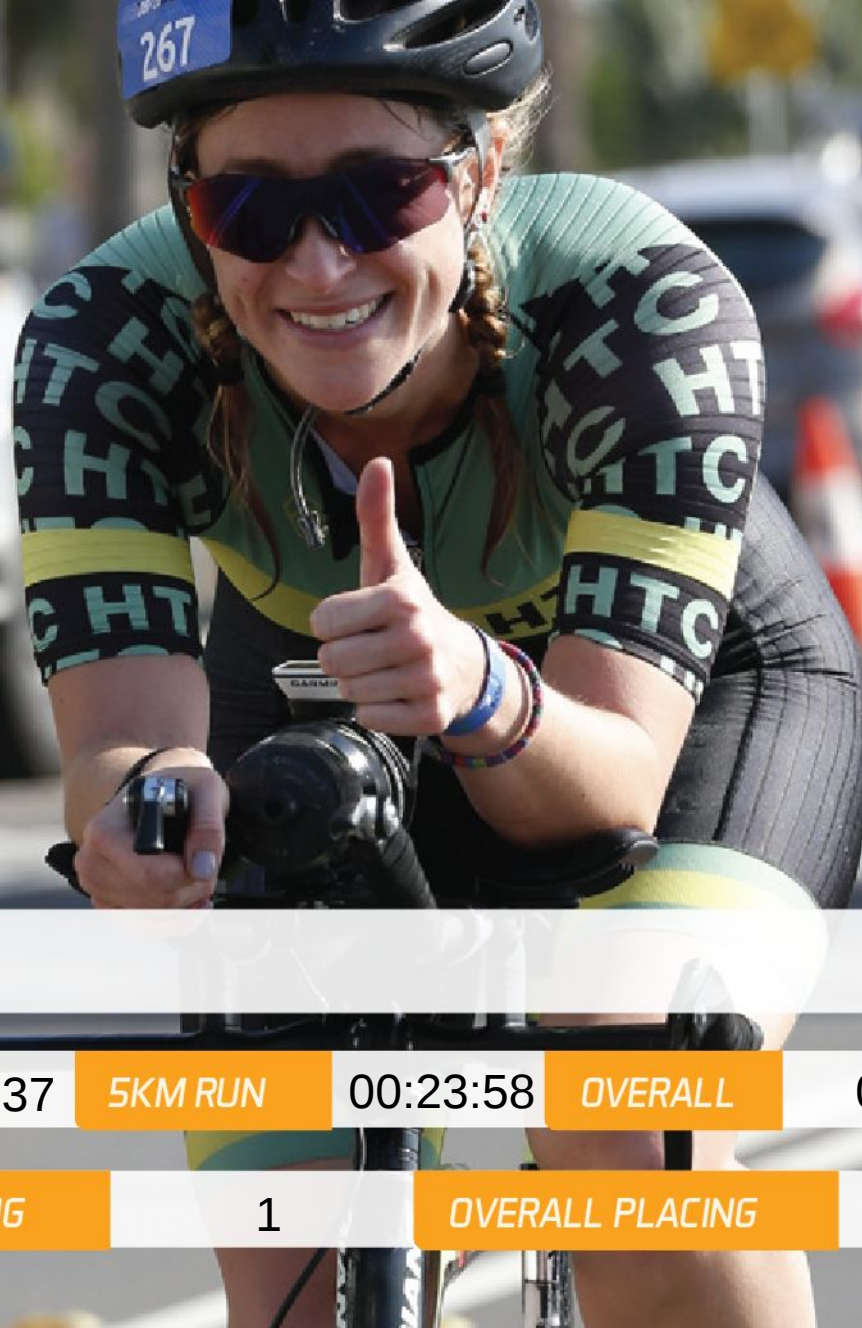




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SPRINT

Grace KELLS

|           |          |           |          |         |          |         |          |
|-----------|----------|-----------|----------|---------|----------|---------|----------|
| 750M SWIM | 00:11:33 | 20KM BIKE | 00:35:37 | 5KM RUN | 00:23:58 | OVERALL | 01:14:41 |
|-----------|----------|-----------|----------|---------|----------|---------|----------|

|          |       |                  |   |                 |    |
|----------|-------|------------------|---|-----------------|----|
| CATEGORY | 16-19 | CATEGORY PLACING | 1 | OVERALL PLACING | 28 |
|----------|-------|------------------|---|-----------------|----|

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish