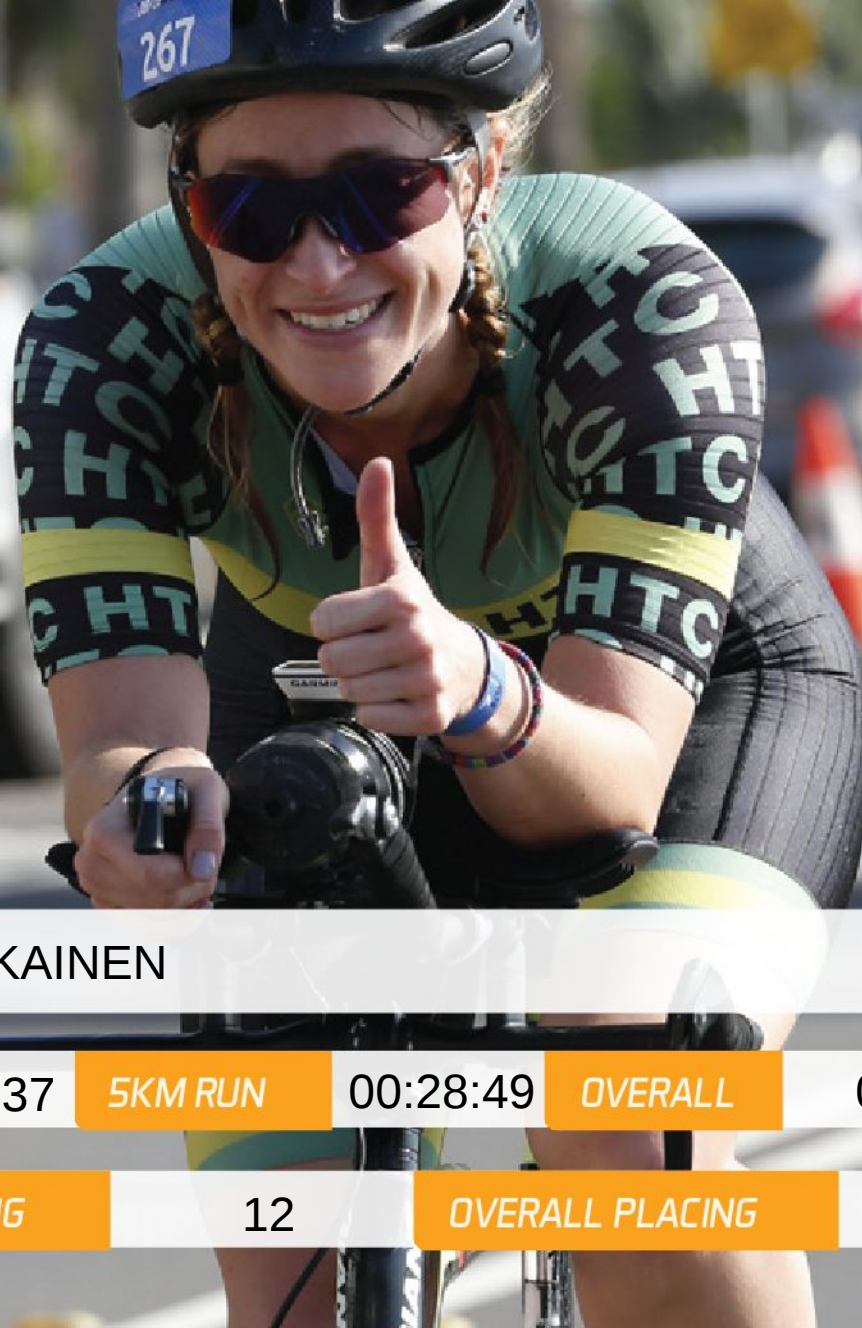




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Marisha RUMMUKAINEN

750M SWIM

00:20:36

20KM BIKE

00:41:37

5KM RUN

00:28:49

OVERALL

01:41:01

CATEGORY

40-44

CATEGORY PLACING

12

OVERALL PLACING

367

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish