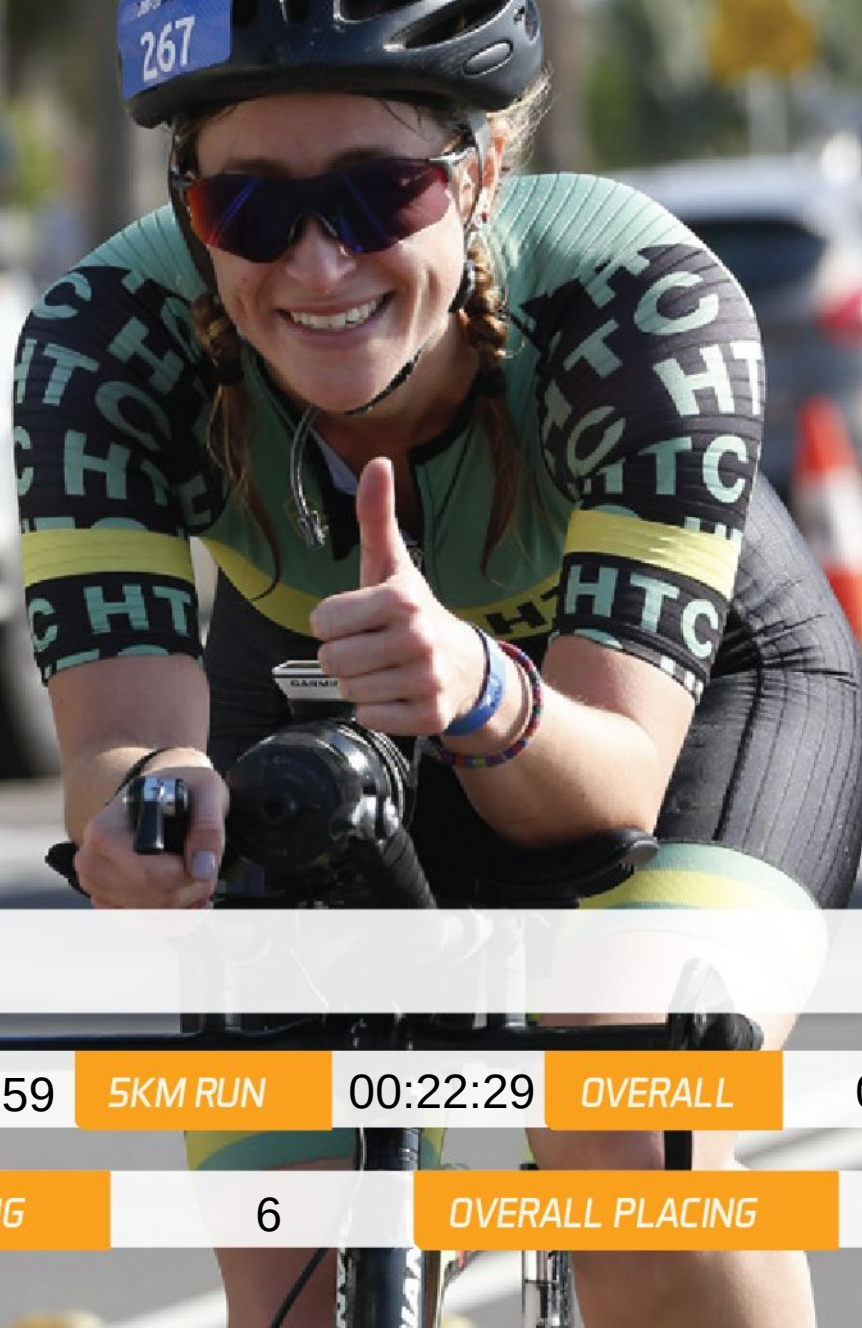




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Josh RADVAN

750M SWIM

00:14:30

20KM BIKE

00:34:59

5KM RUN

00:22:29

OVERALL

01:17:11

CATEGORY

25-29

CATEGORY PLACING

6

OVERALL PLACING

42

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish