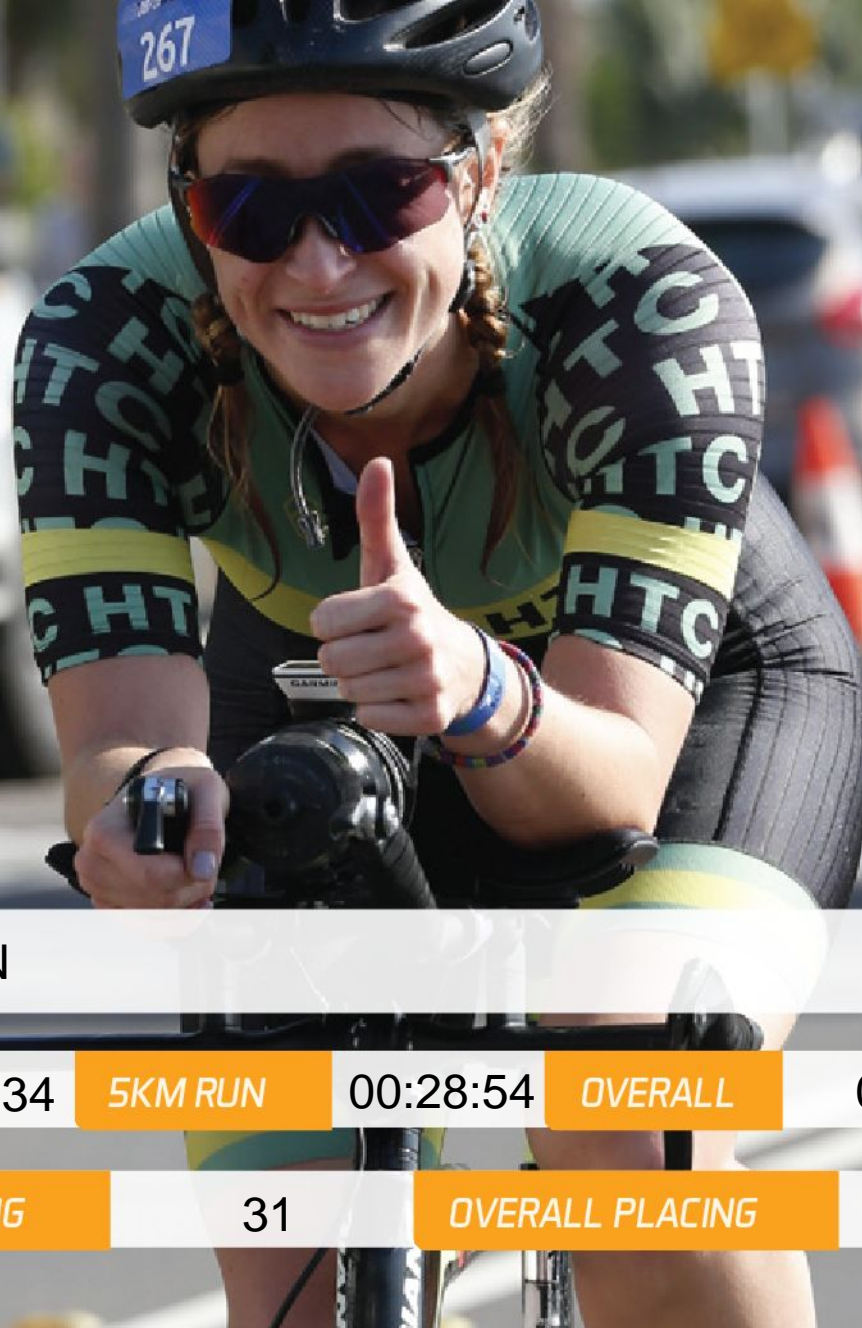




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Jake LOITERTON

750M SWIM

00:16:52

20KM BIKE

00:45:34

5KM RUN

00:28:54

OVERALL

01:40:32

CATEGORY

20-24

CATEGORY PLACING

31

OVERALL PLACING

356

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish