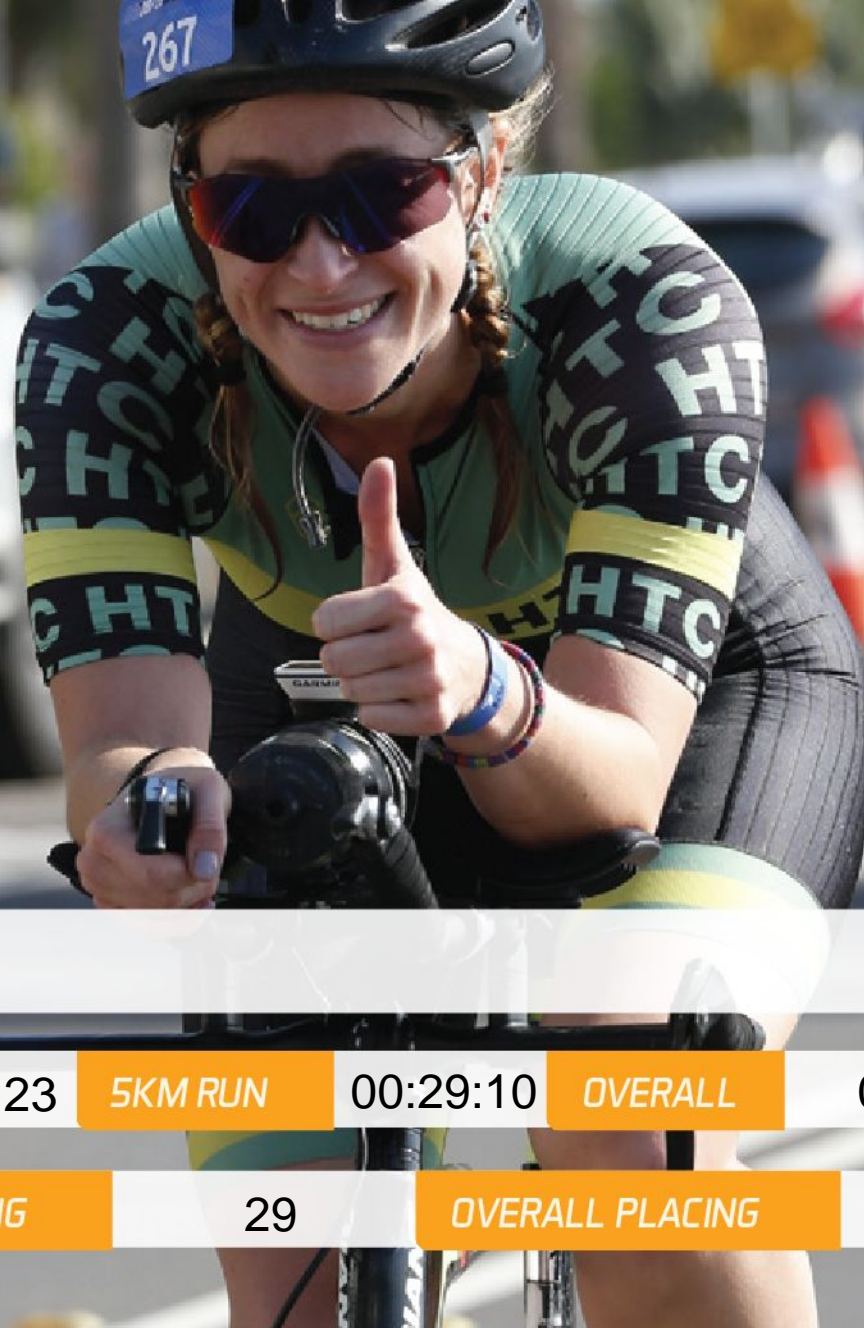




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Daniel CHESTER

750M SWIM

00:13:15

20KM BIKE

00:38:23

5KM RUN

00:29:10

OVERALL

01:27:16

CATEGORY

25-29

CATEGORY PLACING

29

OVERALL PLACING

173

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish