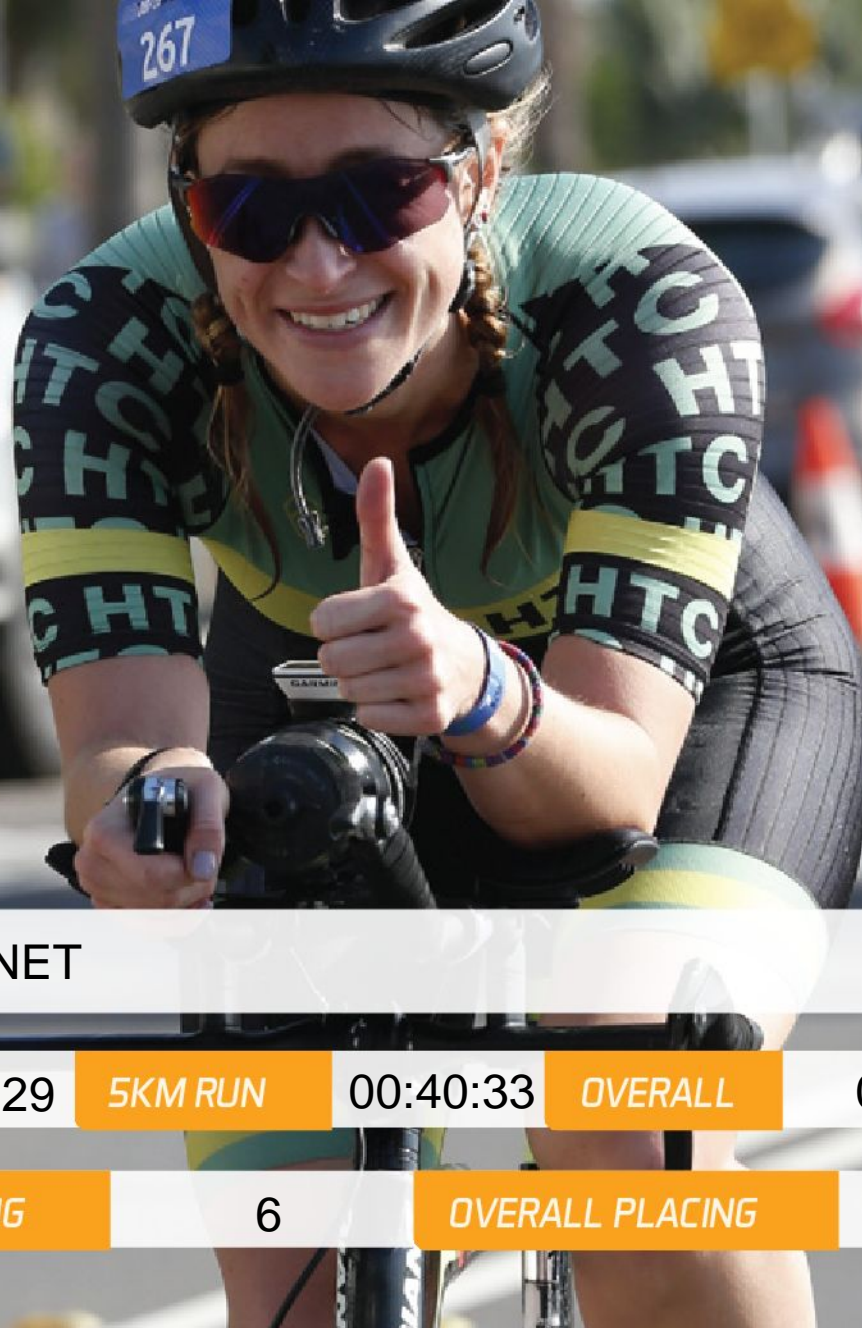




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Alexander BARONET

750M SWIM

00:18:43

20KM BIKE

00:43:29

5KM RUN

00:40:33

OVERALL

01:52:06

CATEGORY

14-15

CATEGORY PLACING

6

OVERALL PLACING

471

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish