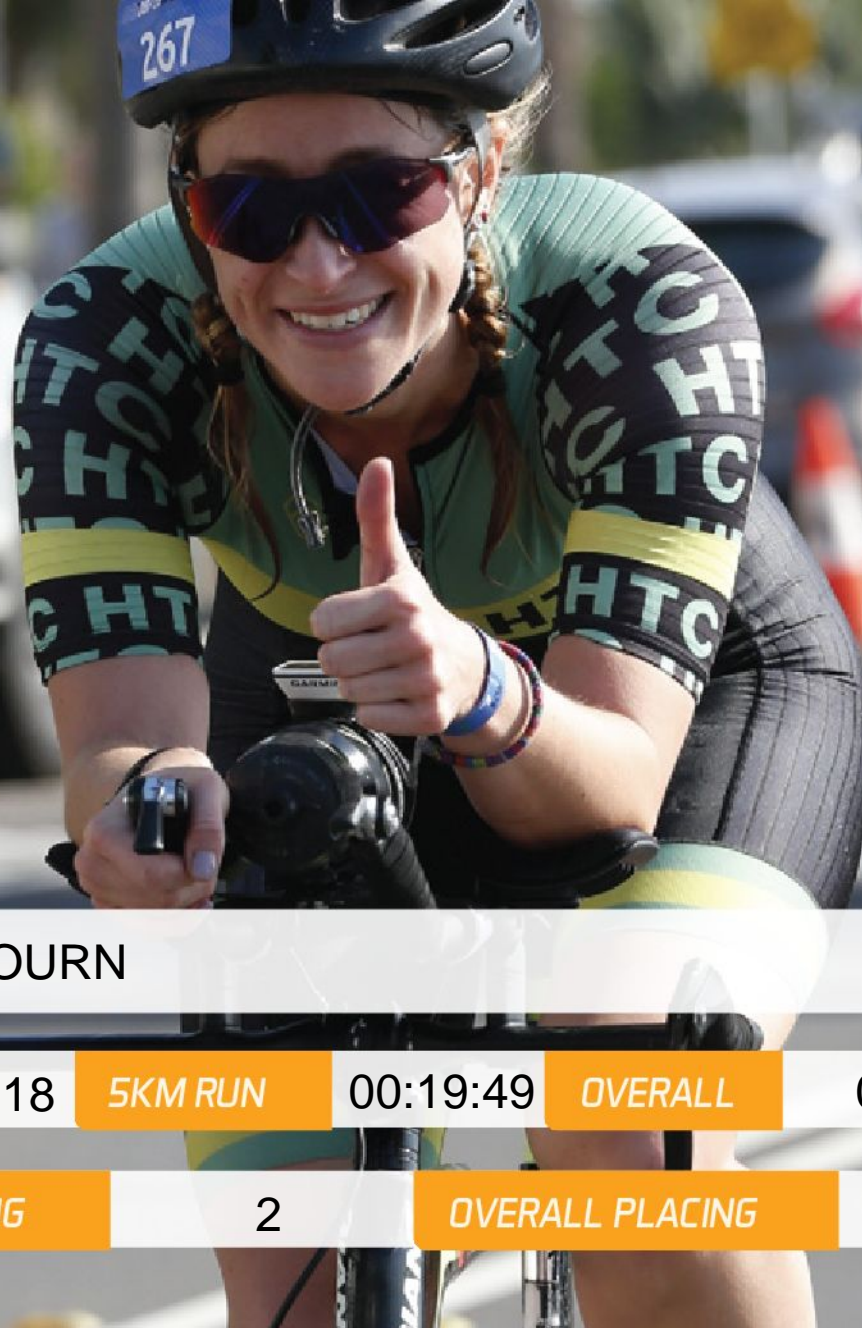




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Mitchell BLACKBOURN

750M SWIM

00:10:56

20KM BIKE

00:30:18

5KM RUN

00:19:49

OVERALL

01:04:06

CATEGORY

16-19

CATEGORY PLACING

2

OVERALL PLACING

2

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish