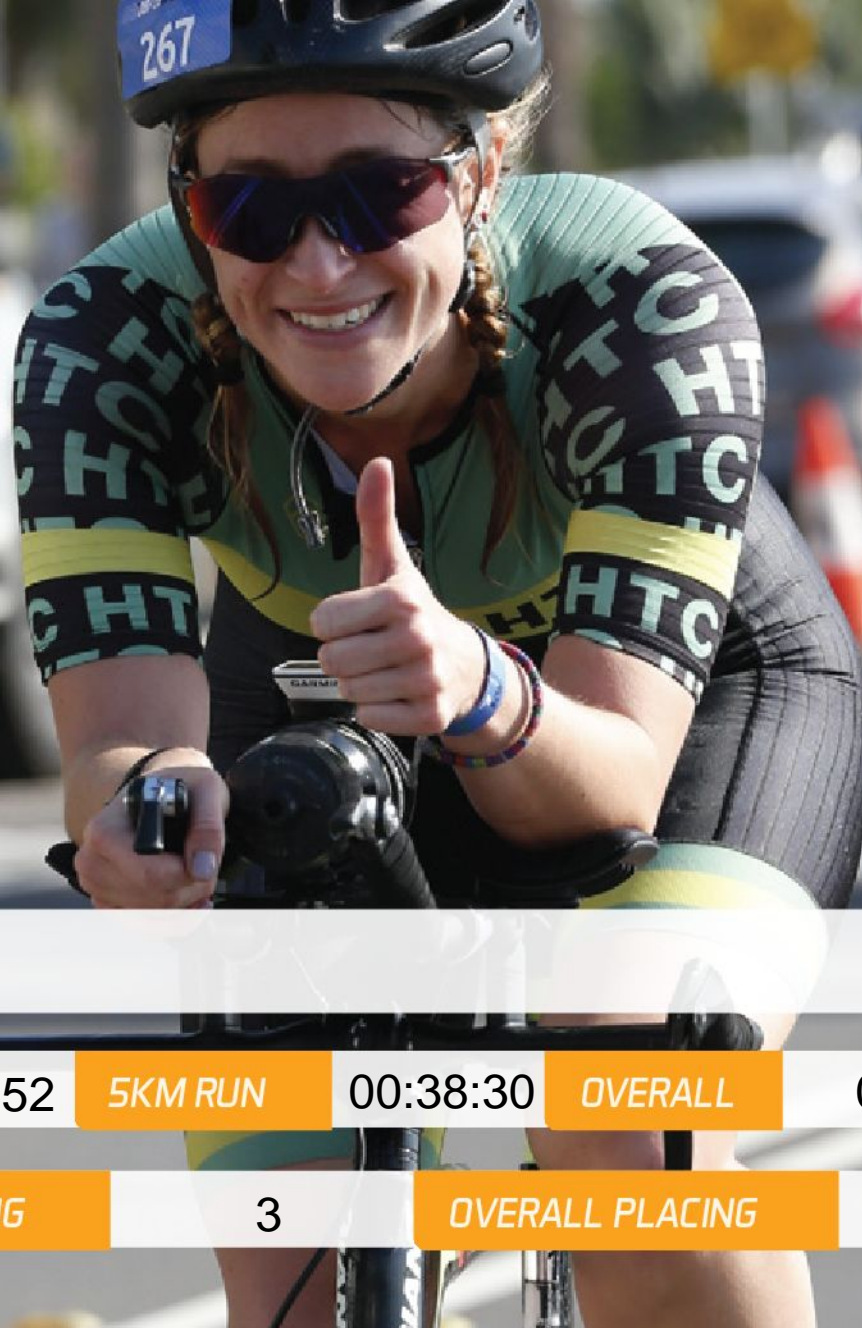




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

TEAM Sokasa

750M SWIM

00:21:00

20KM BIKE

00:49:52

5KM RUN

00:38:30

OVERALL

02:01:48

CATEGORY

Relay

CATEGORY PLACING

3

OVERALL PLACING

6

POWERADE

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish