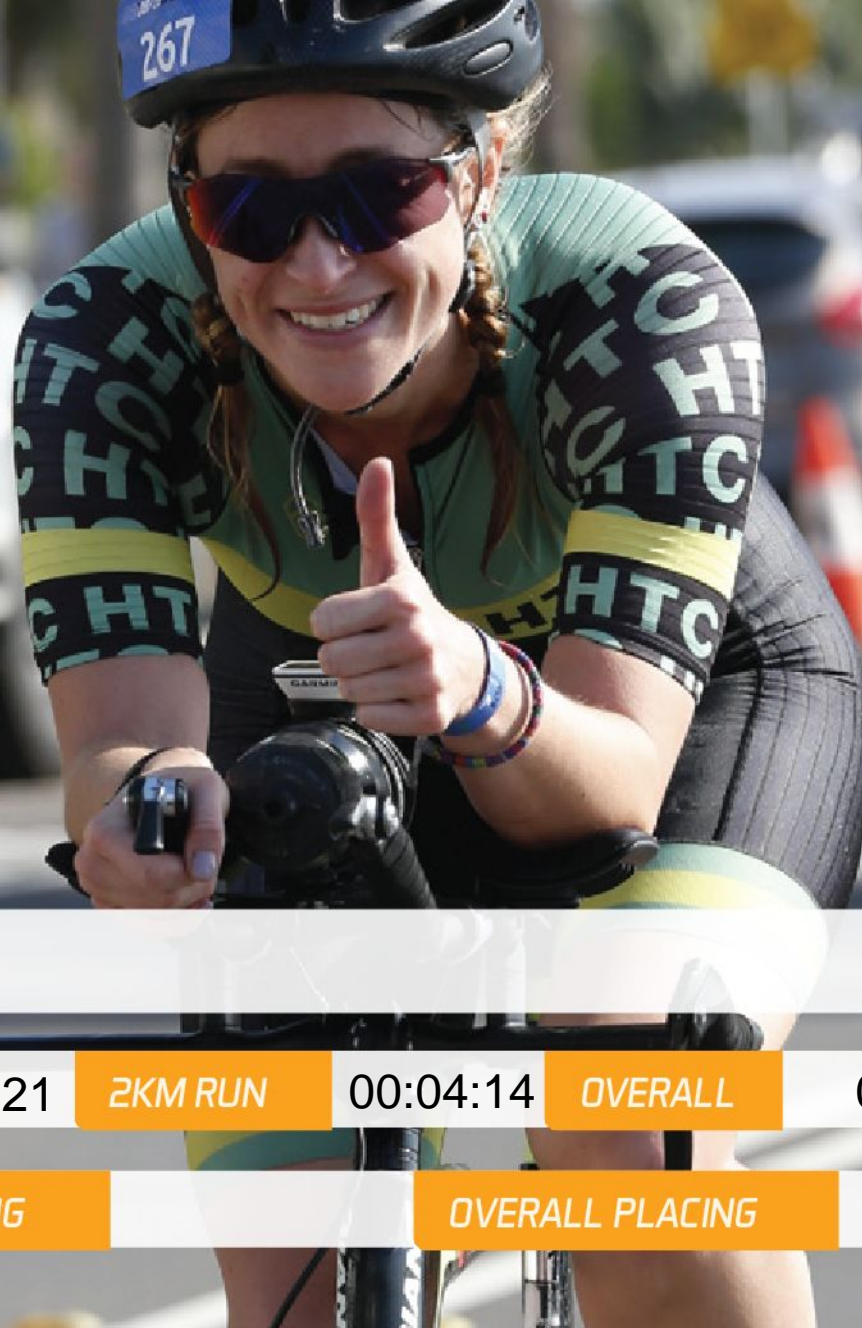




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Gordon ELLIOTT

200M SWIM

00:06:16

10KM BIKE

00:24:21

2KM RUN

00:04:14

OVERALL

00:44:01

CATEGORY

70-79

CATEGORY PLACING

OVERALL PLACING

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
sustainable design

catfish