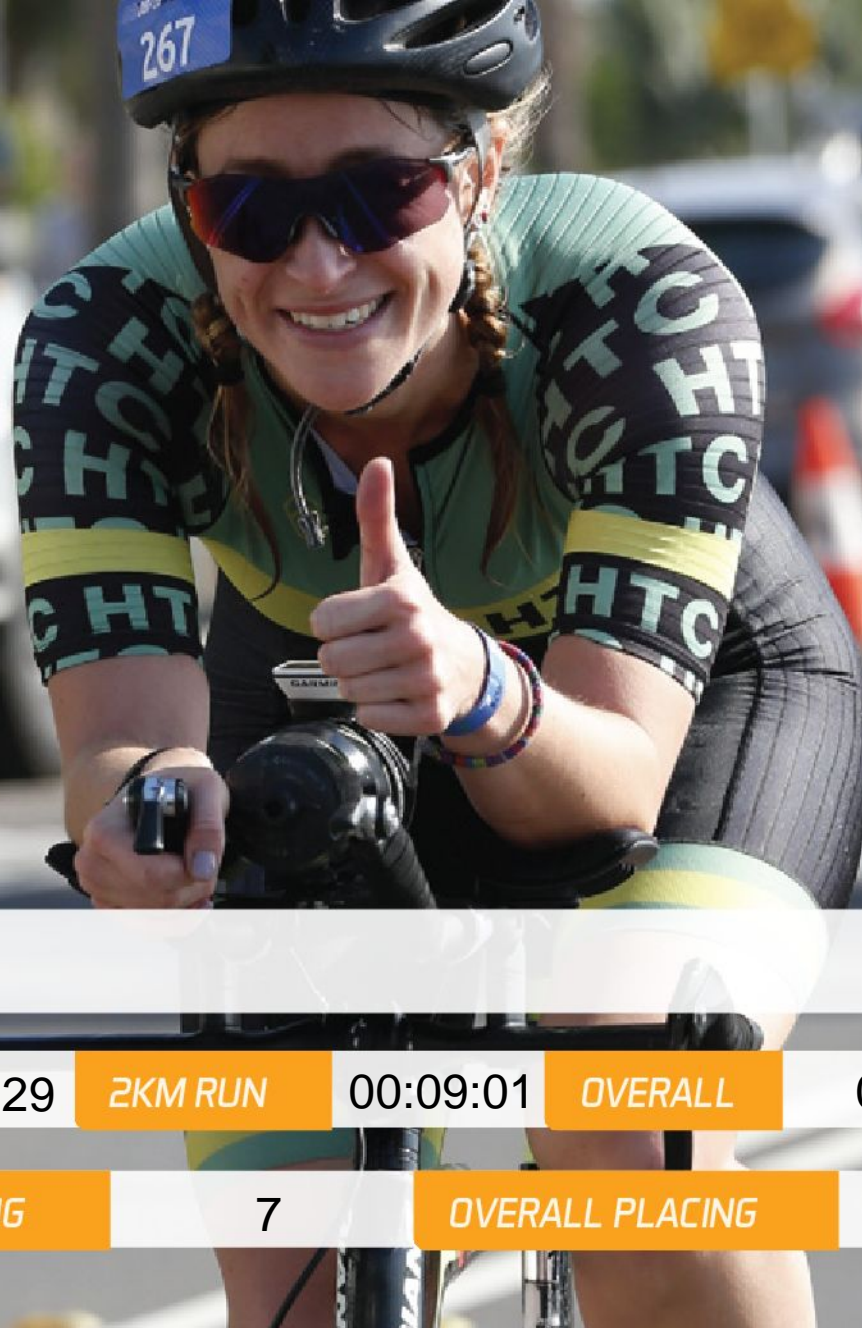




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Phillip ONEILL

200M SWIM	00:05:13	10KM BIKE	00:20:29	2KM RUN	00:09:01	OVERALL	00:41:21
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CATEGORY	40-49	CATEGORY PLACING	7	OVERALL PLACING	23
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POWERADE.

Destination
WOLLONGONG

R Revvies
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PB Traffic
Management

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soto
sustainable design

catfish