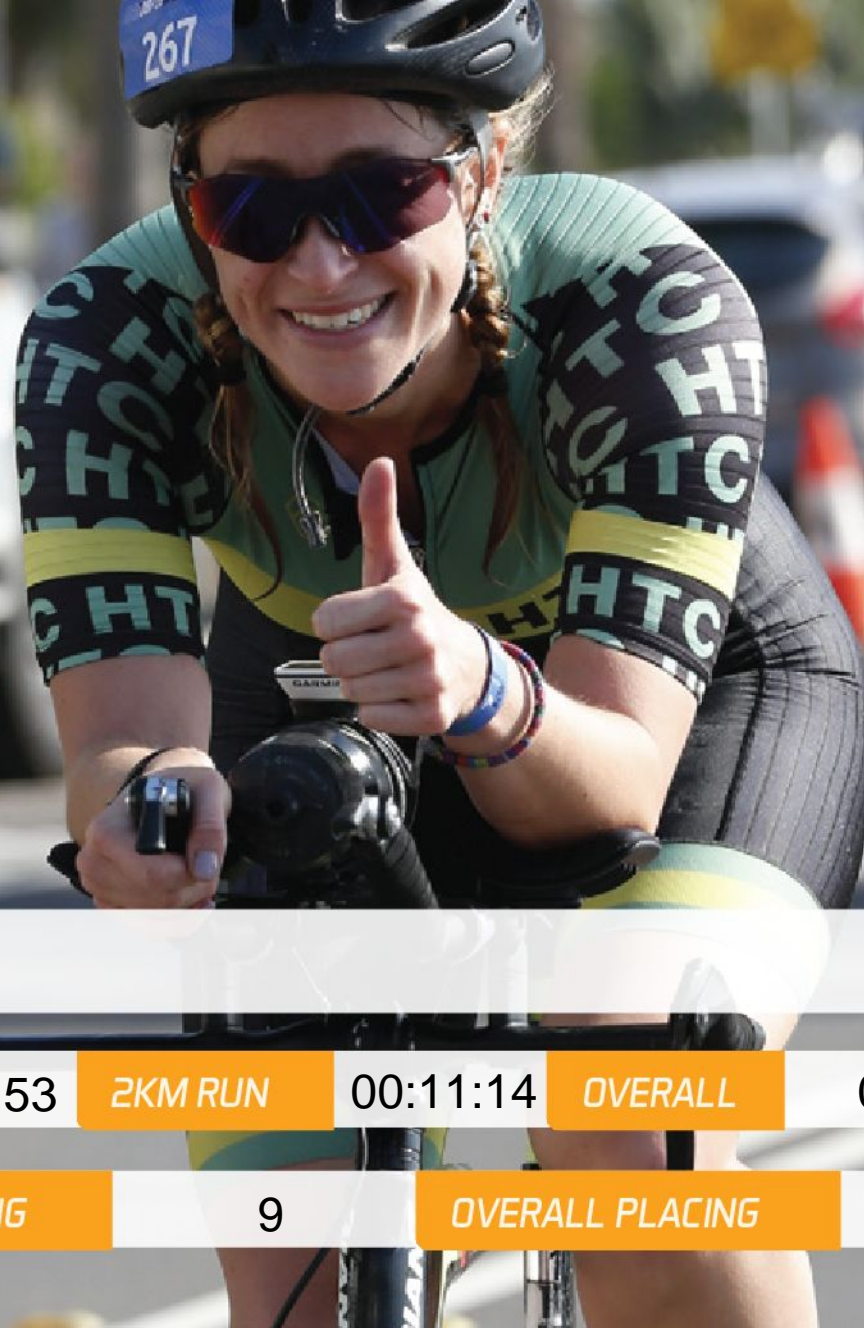




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SUPER SPRINT

Brendan CELL

200M SWIM

00:05:40

10KM BIKE

00:21:53

2KM RUN

00:11:14

OVERALL

00:46:19

CATEGORY

20-29

CATEGORY PLACING

9

OVERALL PLACING

47

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

McDonald's  
i'm lovin' it™

KIND

soto  
sustainable design

catfish