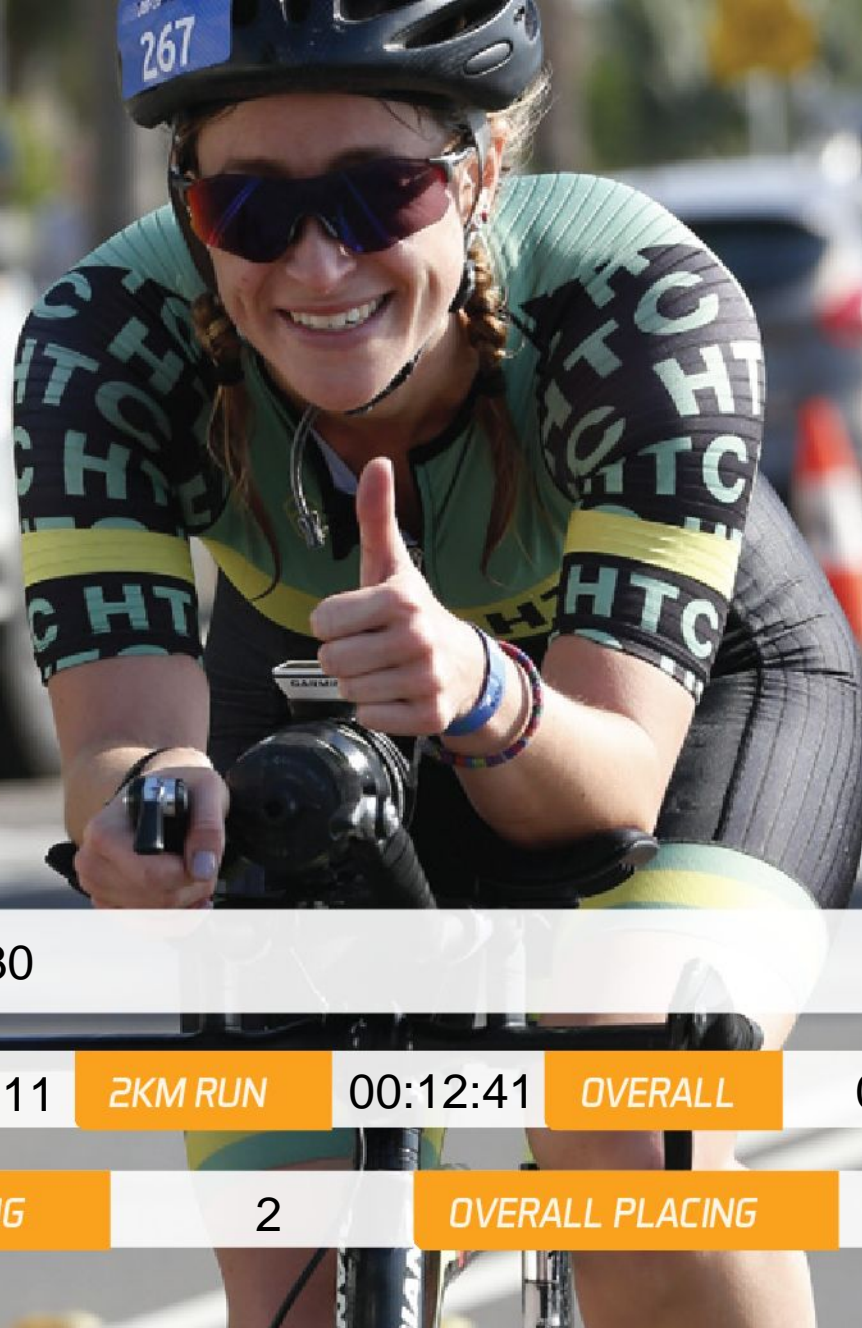




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

TEAM Suddenly 30

200M SWIM

00:07:26

10KM BIKE

00:20:11

2KM RUN

00:12:41

OVERALL

00:45:30

CATEGORY

Relay

CATEGORY PLACING

2

OVERALL PLACING

2

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish