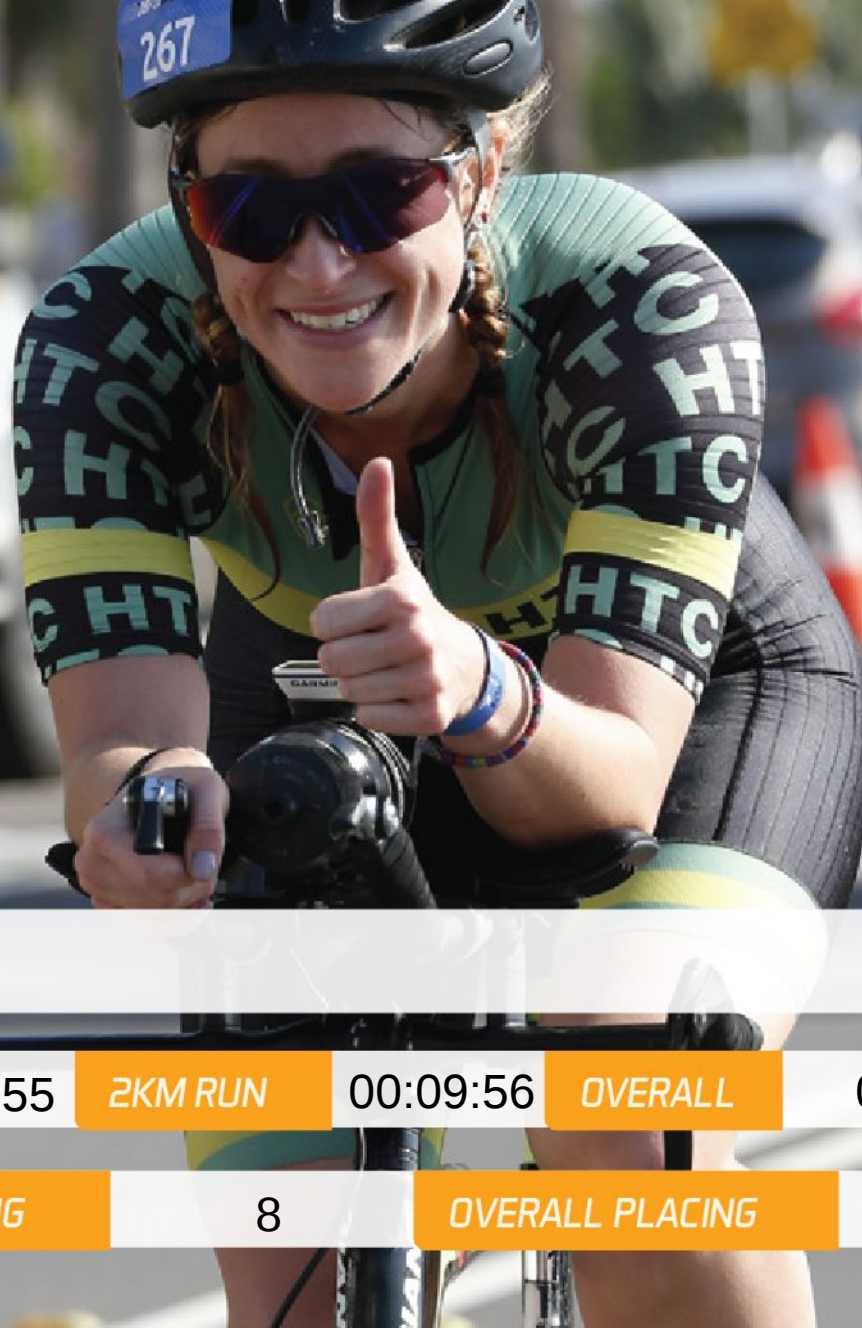




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Nancy CHEN

200M SWIM

00:07:53

10KM BIKE

00:31:55

2KM RUN

00:09:56

OVERALL

00:57:39

CATEGORY

20-29

CATEGORY PLACING

8

OVERALL PLACING

34

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

McDonald's
i'm lovin' it™

KIND

soto
everything is possible

catfish