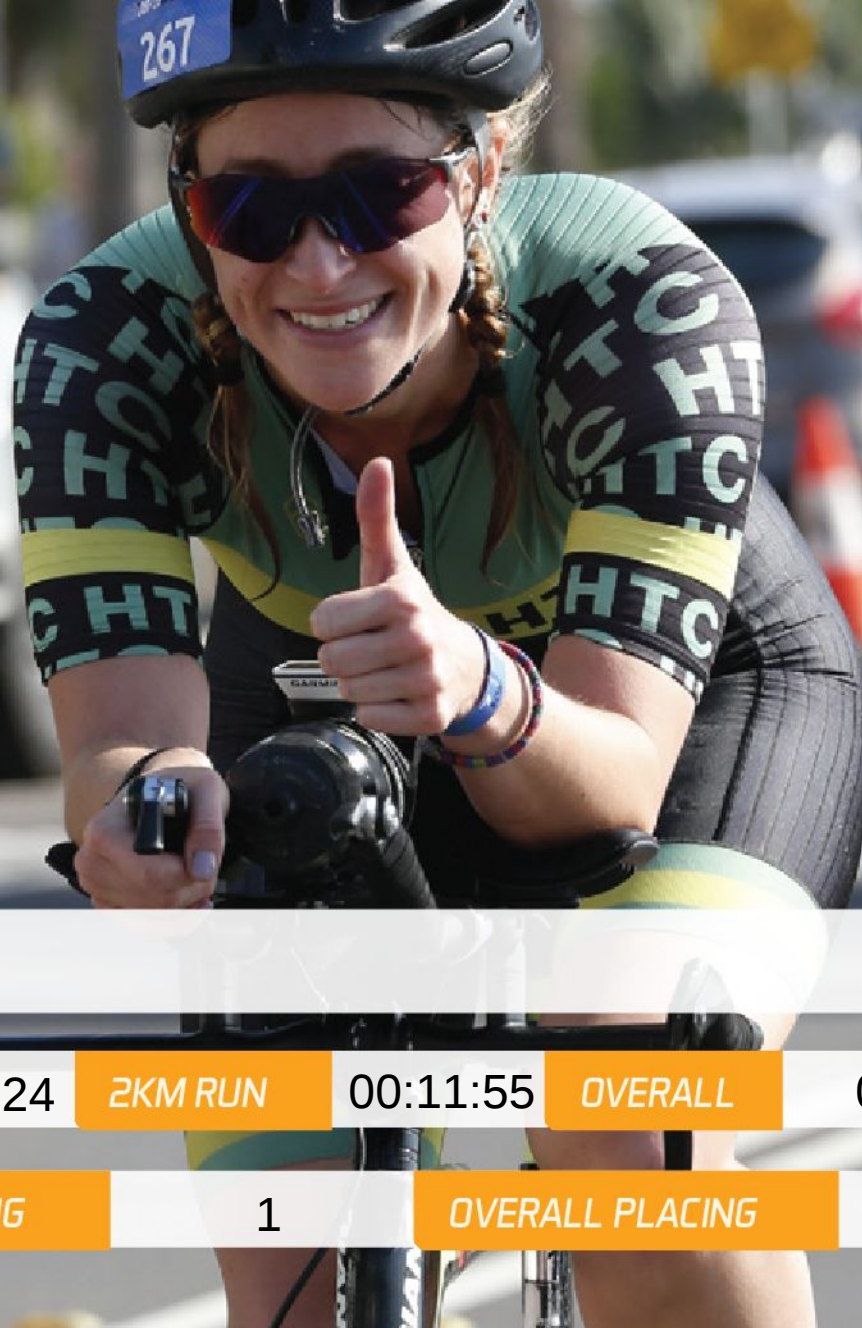




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Ebony MILLARD

200M SWIM	00:06:24	10KM BIKE	00:24:24	2KM RUN	00:11:55	OVERALL	00:51:19
CATEGORY	40-49	CATEGORY PLACING	1	OVERALL PLACING	21		

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

Mc
i'm lovin' it™

KIND

soto
everything is possible

catfish