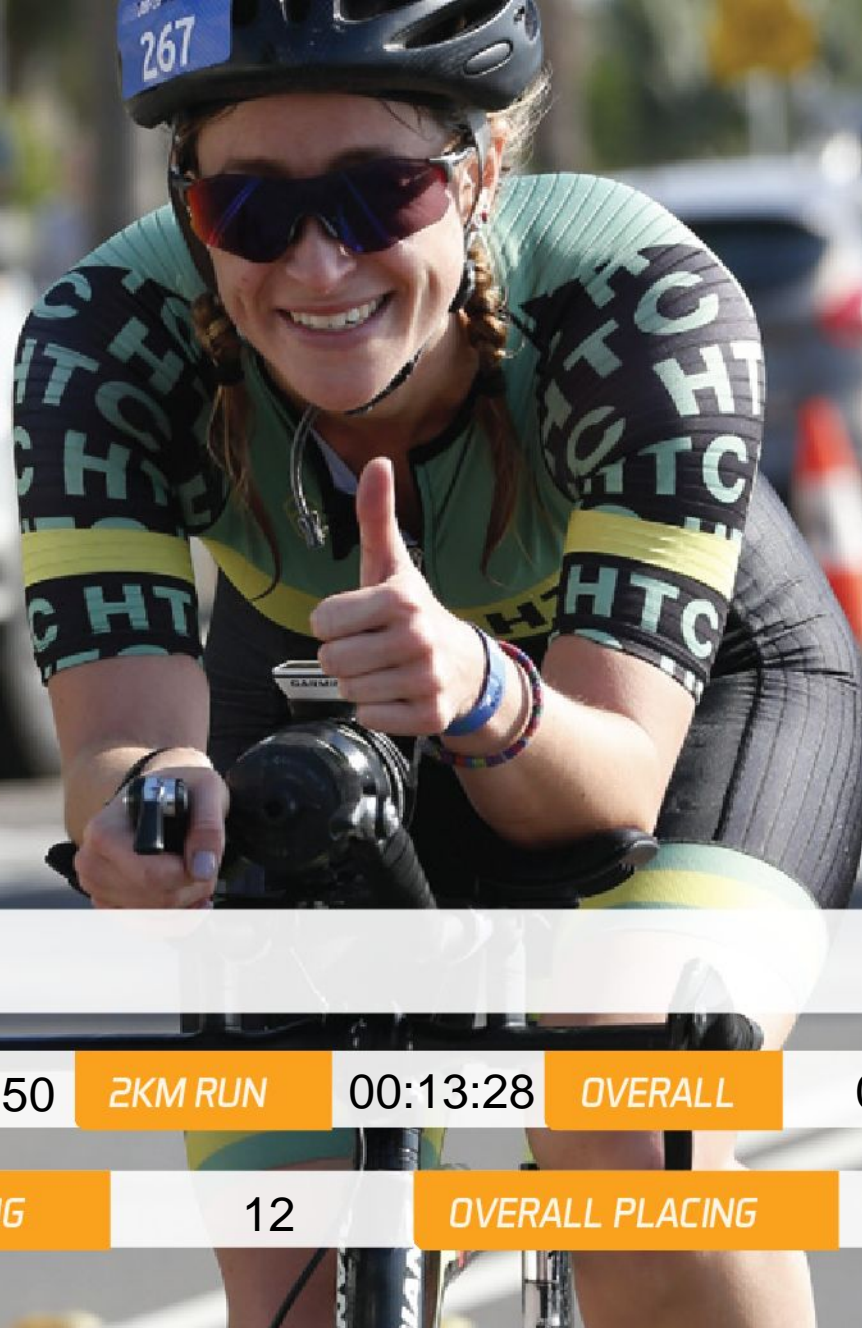




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## TRY A TRI

Nina RIGOR

200M SWIM	00:07:51	10KM BIKE	00:27:50	2KM RUN	00:13:28	OVERALL	00:59:51
-----------	----------	-----------	----------	---------	----------	---------	----------

CATEGORY	20-29	CATEGORY PLACING	12	OVERALL PLACING	42
----------	-------	------------------	----	-----------------	----

POWERADE

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEVS

Mc  
i'm lovin' it™

KIND

soto  
everything is possible

catfish