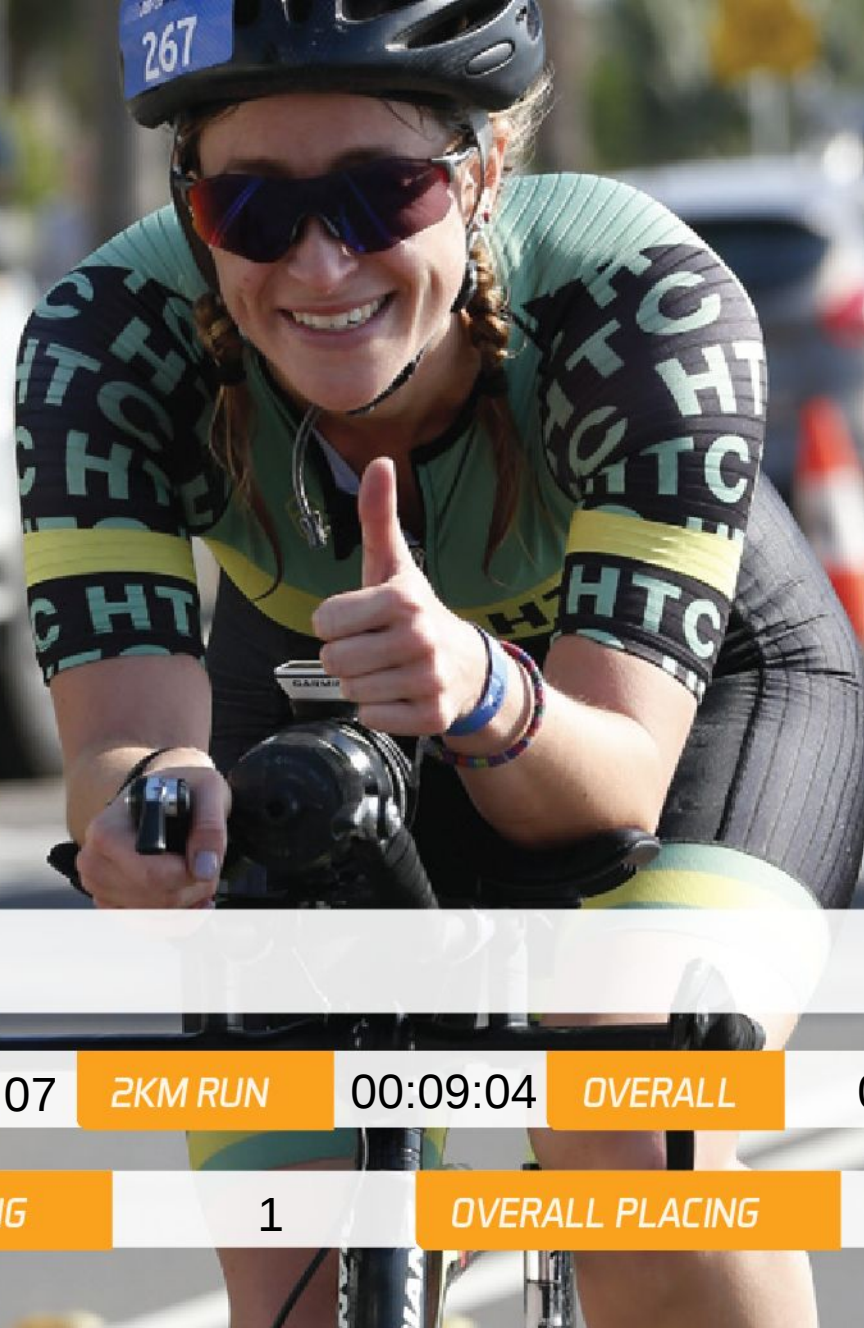




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Zak ROUSE

200M SWIM

00:04:50

10KM BIKE

00:14:07

2KM RUN

00:09:04

OVERALL

00:32:41

CATEGORY

20-29

CATEGORY PLACING

1

OVERALL PLACING

1

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

McDonald's
i'm lovin' it™

KIND

soto
everything is possible

catfish