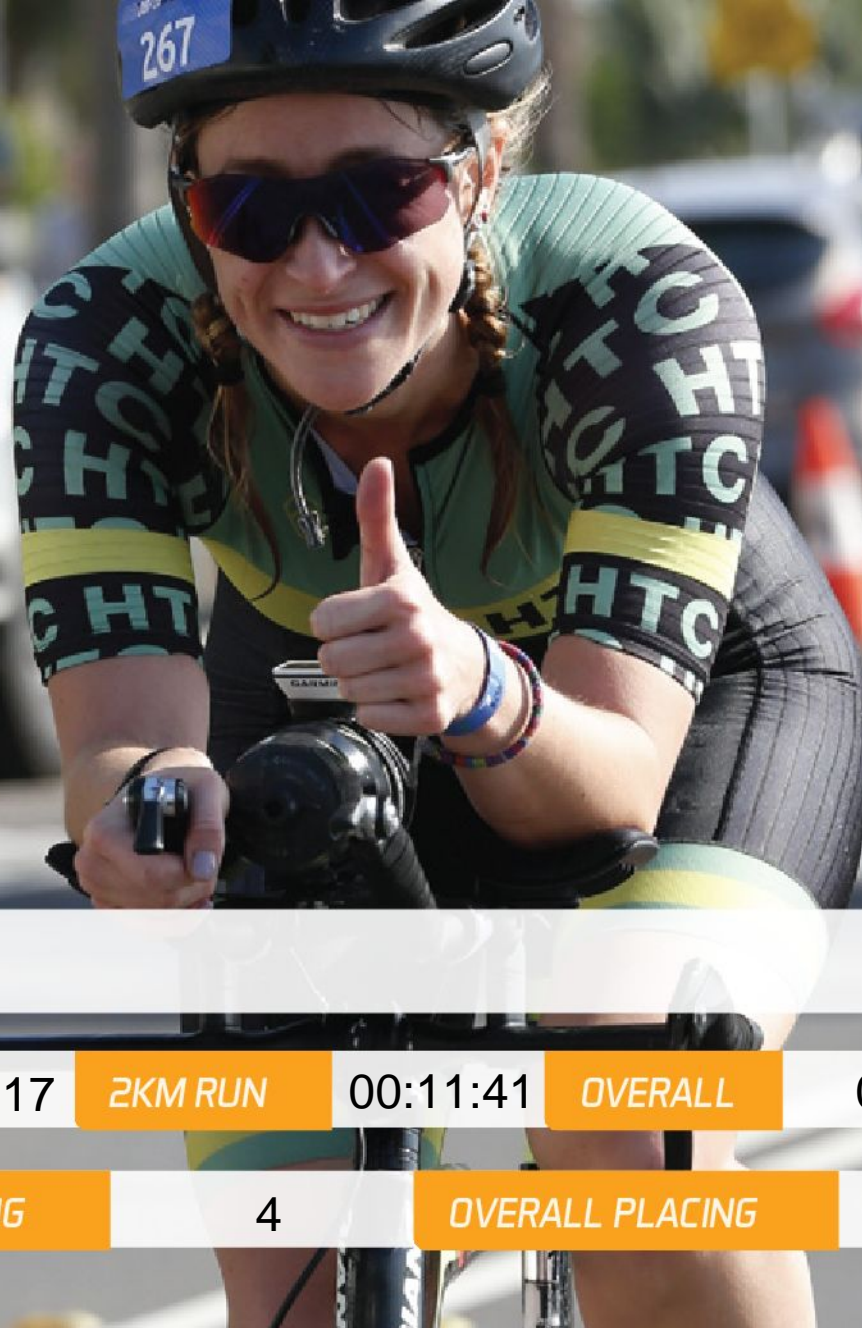




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Alisa WILCOCK

| | | | | | | | |
|-----------|----------|-----------|----------|---------|----------|---------|----------|
| 200M SWIM | 00:06:34 | 10KM BIKE | 00:26:17 | 2KM RUN | 00:11:41 | OVERALL | 00:52:45 |
|-----------|----------|-----------|----------|---------|----------|---------|----------|

| | | | | | |
|----------|-------|------------------|---|-----------------|----|
| CATEGORY | 40-49 | CATEGORY PLACING | 4 | OVERALL PLACING | 26 |
|----------|-------|------------------|---|-----------------|----|

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

Mc
i'm lovin' it™

KIND

soto
everything is possible

catfish