## WELL DONE!

## Louise SHAW

## 2XU Triathlon - Sprint 45-49

# Swim: 00:10:45 <br> T1: 00:04:58 <br> Cycle: 00:32:45 <br> T2: 00:02:52 <br> Run: 00:24:03 <br> <br> 01:15:24 

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Category Rank: 4 / 25

Race 2 | Brighton
11 December 2022

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Race 1 | Elwood 27.11.22
Race 2 | Brighton 11.12.22
Race 3 | St Kilda 15.01.23

Race 4 | Sandringham 12.02.23
Race 5 | Elwood 05.03.23
Race 6 | St Kilda 26.03.23

