

2XU TRIATHLON SERIES 2023

WELL DONE!

Ryan HUMPHRIES

2XU Triathlon - Sprint Solo 15-19

Swim: 00:11:46

T1: 00:03:46

Cycle: 00:35:27

T2: 00:01:43

Run: 00:21:46

01:14:29

Category Rank: 10 / 41

Race 4 | Sandringham 12 February 2023

6 RACES

Race 1 | Elwood 27.11.22

Race 4 | Sandringham 12.02.23

Race 2 | Brighton 11.12.22

Race 5 | Elwood 05.03.23

Race 3 | St Kilda 15.01.23

Race 6 | St Kilda 26.03.23

TWO TIMES YOU

2XU

O2EVENTS

PILLAR
PERFORMANCE

ENGINE

TRI-ALLIANCE
#trainingwithpurpose

Proudly supporting
Beyond Blue

LAKESIDE
SPORTS MEDICINE CENTRE

TRIATHLON
VICTORIA



Bayside
CITY OF BAYSWATER