

# 2XU TRIATHLON SERIES 2024

**WELL DONE!**

**Adam ROWLAND**

**2XU Triathlon - Sprint**

**55-59**

Swim: 00:12:03

T1: 00:03:18

Bike: 00:45:29

T2: 00:01:52

Run: 00:24:17

**01:27:00**

4 / 23

**Race 6 | St Kilda**

**24th March 2024**

**6 RACES**

**Race 1 | Elwood 26.11.23**

**Race 4 | Sandringham 11.02.24**

**Race 2 | Brighton 10.12.23**

**Race 5 | Elwood 03.03.24**

**Race 3 | St Kilda 14.01.24**

**Race 6 | St Kilda 24.03.24**

TWO TIMES YOU

**2XU**

**O2EVENTS**

**sis**  
SCIENCE IN SPORT

 **ENGINE**

**T3 #trishop**

**TRI-ALLIANCE**  
#trainingwithpurpose

Proudly supporting  
**Beyond Blue**

platinumphysio  
healthcare and fitness

**AUS TRIATHLON**

