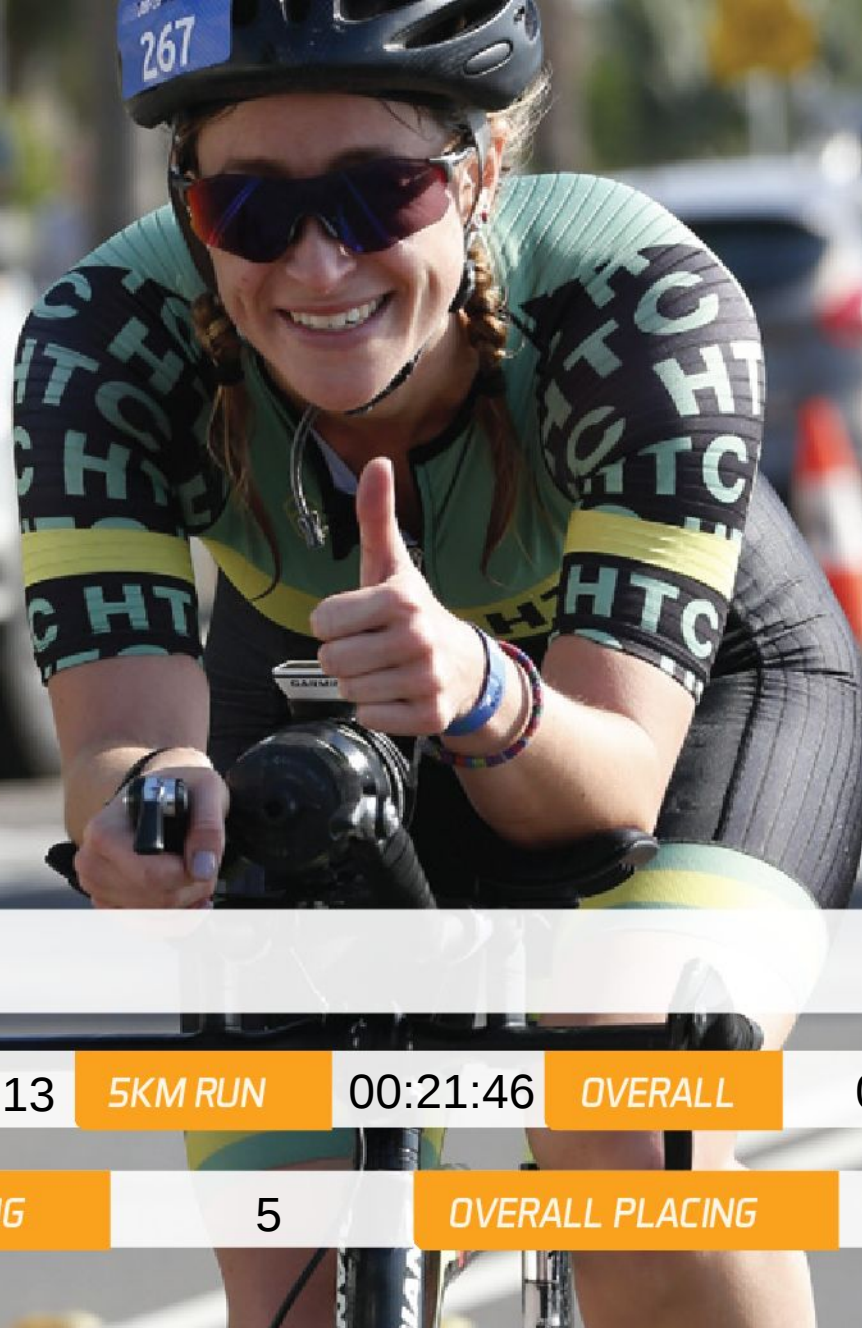




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Andrew GIBIETIS

750M SWIM

00:14:14

20KM BIKE

00:34:13

5KM RUN

00:21:46

OVERALL

01:14:59

CATEGORY

30-34

CATEGORY PLACING

5

OVERALL PLACING

30

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish