

# CONGRATULATIONS!

Rod ROSE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 19<sup>th</sup> December 2020*

00:16:38

750M SWIM SPLIT

00:40:28

20KM BIKE SPLIT

00:26:34

5KM RUN SPLIT

01:27:04

OVERALL TIME

65-69

CATEGORY

1

CATEGORY PLACING

123

OVERALL PLACING