

# CONGRATULATIONS!

Tom LATCHFORD

FOR COMPLETING THE STANDARD DUATHLON

*As part of the Canberra Duathlon 11<sup>th</sup> June 2022*

00:48:27

10KM RUN

01:41:31

40KM BIKE

00:31:47

5KM RUN

03:05:27

OVERALL RACE TIME

20-24

CATEGORY

6

CATEGORY PLACING

90

OVERALL PLACING