

IRONMAN[®]

70.3[®] SOUTH AFRICA

DURBAN

FINISHER

Frederick WOLFAARDT

SWIM 00:44:39 BIKE 03:07:20 RUN 01:45:22 OVERALL 05:44:44

AGE GROUP 45-49 AGE GROUP RANKING 21 OVERALL RANKING 166

RACE DIRECTOR,
WERNER SMIT



DIRECTOR OPERATIONS,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 6 JUNE 2021