



IRONMAN[®]

70.3[®]

SOUTH AFRICA
BUFFALO CITY

AFRICAN TRICLUB CHAMPIONSHIP

FINISHER

Thinus APPEL

SWIM	00:16:12	BIKE	03:20:44	RUN	01:51:11	OVERALL	05:39:04
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AGE GROUP	25-29	AGE GROUP RANKING	25	OVERALL RANKING	170
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RACE DIRECTOR,
MICHELE DALTON



DIRECTOR OPERATIONS,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 05 SEPTEMBER 2021