

IRONMAN
70.3 **SOUTH AFRICA**
BUFFALO CITY
AFRICAN TRICLUB CHAMPIONSHIP

FINISHER

Frederik FERREIRA

SWIM	00:12:00	BIKE	03:22:21	RUN	02:02:13	OVERALL	05:44:58
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AGE GROUP	25-29	AGE GROUP RANKING	29	OVERALL RANKING	190
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RACE DIRECTOR,
MICHELE DALTON



DIRECTOR OPERATIONS,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 05 SEPTEMBER 2021