



IRONMAN[®]

70.3[®]

SOUTH AFRICA
BUFFALO CITY

AFRICAN TRICLUB CHAMPIONSHIP

FINISHER

James WINSTANLEY

SWIM	00:11:41	BIKE	03:07:44	RUN	02:05:27	OVERALL	05:33:16
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AGE GROUP	40-44	AGE GROUP RANKING	19	OVERALL RANKING	149
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RACE DIRECTOR,
MICHELE DALTON



DIRECTOR OPERATIONS,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 05 SEPTEMBER 2021