



IRONMAN[®]

70.3[®]

SOUTH AFRICA
BUFFALO CITY

AFRICAN TRICLUB CHAMPIONSHIP

FINISHER

Lisa HEN-BOISEN

SWIM	00:17:51	BIKE	03:33:24	RUN	02:37:09	OVERALL	06:39:07
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AGE GROUP	45-49	AGE GROUP RANKING	7	OVERALL RANKING	311
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RACE DIRECTOR,
MICHELE DALTON



DIRECTOR OPERATIONS,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 05 SEPTEMBER 2021