

IRONMAN[®]

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Rasmus SVENNINGSSON

SWIM

00:24:29

BIKE

04:16:41

RUN

02:48:29

OVERALL

07:34:34

AGE GROUP

Pro

AGE GROUP
RANKING

3

OVERALL
RANKING

3

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021