

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Jade NICOLE

SWIM

00:26:39

BIKE

05:09:22

RUN

03:06:11

OVERALL

08:47:28

AGE GROUP

Pro

AGE GROUP
RANKING

3

OVERALL
RANKING

19

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021