

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Alwyn UYS

SWIM

BIKE

07:29:11

RUN

04:27:47

OVERALL

12:02:49

AGE GROUP

30-34

AGE GROUP
RANKING

1

OVERALL
RANKING

2

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021