

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Kwezi MPUHLU

SWIM

BIKE

07:11:10

RUN

05:07:40

OVERALL

12:25:45

AGE GROUP

45-49

AGE GROUP
RANKING

1

OVERALL
RANKING

3

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021