

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Carl LE ROUX

SWIM

BIKE

07:43:03

RUN

05:34:01

OVERALL

13:26:37

AGE GROUP

55-59

AGE GROUP
RANKING

1

OVERALL
RANKING

7

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021