

# IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Gertjie DE BEER

SWIM

00:18:13

BIKE

07:43:26

RUN

05:44:10

OVERALL

13:56:05

AGE GROUP

45-49

AGE GROUP  
RANKING

24

OVERALL  
RANKING

620

RACE DIRECTOR,  
MICHELE DALTON



OPERATION DIRECTOR,  
PAUL WOLFF



MANAGING DIRECTOR,  
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021