

# IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Michelle VAN JAARSVELD

SWIM

BIKE

RUN

OVERALL

AGE GROUP

45-49

AGE GROUP  
RANKING

OVERALL  
RANKING

RACE DIRECTOR,  
MICHELE DALTON



OPERATION DIRECTOR,  
PAUL WOLFF



MANAGING DIRECTOR,  
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021