

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Cathy CURTAIN

SWIM

00:13:23

BIKE

06:24:54

RUN

04:40:51

OVERALL

11:26:07

AGE GROUP

50-54

AGE GROUP
RANKING

4

OVERALL
RANKING

292

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021